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Browse through the variety of programs offered for youth and adults.

Youth Dance

Appropriate levels of dance will be offered to students starting at age 3. Students will work towards performing in a spring dance recital complete with costumes and lighting (date to be determined). This complete school-year program will be offered in two sessions. You will receive an invoice for the second session in early December. Classes are held at the Salter Community Center. Classes require a minimum of 8 students. **Classes will begin Monday, September 10, 2024. The second session starts January 7, 2025. Students must participate in both sessions to perform in recital.**

Theme: "Tales as Old as Time"

Join us this dance season in a magical world of stories; from big adventures, to touching somber tales, to fun joyful fables! No matter which class, we will all tell a story through movement. This year's theater production will be none other than the tale as old as time itself, *Beauty and the Beast!* Dancers will have the opportunity to audition for parts such as Belle, Gaston, LeFou, Mrs. Potts, Chip, and the rest of the crew in our rendition of this production! We will sing and dance to multiple songs from the show, bringing this provincial life to the big stage! No matter the age or dance experience, we have a class for you! As always, we can't wait to dance with you!

Session 1 (September 10 - December 19)

Payment due at registration

Costume Deposit: Collected in November 2024
Registration ends October 18, 2024

Session 2 (January - May)

Payment will be invoiced in late December 2024/January 2025

Costume Balance: Amount varies. Due early February 2025

Note: Required footwear will be included on your receipt.

Class Descriptions

3 & 4 Year Old Preschool: Your preschooler will bounce, march, and clap in time to fun and familiar preschool music. This class is designed for your little one to improve their coordination, enhance motor skills, and build confidence as they learn the building blocks of dance. (30 minutes)

4 & 5 Year Old Preschool: This class is the next step in your little one's dance journey. Fun and familiar music that your little dancer will love, incorporated with rhythmic movement which expresses their imagination, teaches musicality, and promotes large muscle coordination and that all important step towards independence are the foundations to help prepare your dancer for the next level. (30 minutes)

Moving with the Mouse (K-2nd Grade): They already know all the words to their favorite Disney songs, so why not dance to them? This intro to dance class features ballet and jazz, focusing on terminology, body positions, posture, and basic beginning dance movement all set to their favorite Disney music! (45 minutes)

Moving with the Mouse Tap/Jazz Combo (K-2nd Grade): They already know all the words to their favorite Disney songs, so why not dance to them? This intro to dance class features tap and jazz, focusing on terminology, body positions, posture, building rhythms, and basic beginning dance movement all set to their favorite Disney music! Two dances will be performed in recital for double the fun! (45 minutes)

Excel Prep: Lyrical/Hip Hop Jazz (3rd-5th Grade): While enhancing our skills and building technique, fun up beat movement will be featured in this class. Tricks, spins, floor work, jumps, and finding our groove is what this class is all about! Along with Hip Hop Jazz, the second portion of this class will feature lyrical movement. This includes an enhanced focus on technique, posture, and more fluid movement. Two dances will be performed in the recital. (45 mins)

Hip Hop Jazz/Tap Combo (3rd-5th Grade): This class features fun! While enhancing our skills and building technique, fun upbeat movement will be featured in this class. Tricks, spins, floor work, jumps, and finding our groove is what this class is all about! Along with Hip Hop, the second portion of this class will feature the next level of tap movement. Building rhythms, more intricate footwork, and more advanced steps will be built in this portion of class. (45 mins)



Youth Dance Class Schedule

Tuesday		Instructor: Mrs. Sydney			
5:30 pm	3 & 4 year old Preschool	YD1001	30 min.	\$105	
6:00 pm	4 & 5 year old Preschool	YD1002	30 min.	\$105	
6:30 pm	Moving with the Mouse: Tap/Jazz Combo (K-2nd grade)	YD1003	45 min.	\$115	
7:15 pm	Excel Prep Lyrical/ Hip Hop Jazz (3rd-5th grade)	YD1004	45 min.	\$110	
Thursday		Instructor: Mrs. Stacey			
5:30 pm	3 & 4 year old Preschool	YD1008	30 min.	\$105	
6:00 pm	4 & 5 year old Preschool	YD1009	30 min.	\$105	
6:30 pm	Moving with the Mouse (K-2nd grade)	YD1010	45 min.	\$115	
7:15 pm	Hip Hop Jazz/Combo (3rd-5th grade)	YD1011	60 min.	\$110	

There is an additional \$5 non-resident fee per student per class.



Registration

Register online, by mail, or fax (see pages 14-15)
Online registration: royaloakrec.recdesk.com

Our Department receives federal funds from the US Department of the Interior. Accordingly, all activities must be operated free from discrimination, on the basis of race, color, national origin, age or handicap. Any person who believes he or she has been discriminated against or who would like further information regarding the prohibition of discrimination should write to:

Director, Equal Opportunity Program
 National Parks Service
 PO Box 37127
 Washington DC 20013-7127



www.livesafeacademy.com

Babysitter Safety (ages 9+) Certified Babysitter/CPR/First Aid and Safe Home Alone

Learn to be safe and responsible. Build confidence. Have a competitive edge over other babysitters. Topics include: First aid, when and how to call 911, CPR with manikin practice, choking, dealing with difficult behaviors, basic care methods like feeding and diapering, marketing and much more! Students will also learn how to be safe and responsible when home alone, including the importance of not giving out personal information and what to do if somebody comes to the door. Students who successfully complete the course requirements will receive a certificate of completion for Certified Babysitter/CPR/First Aid course by Live Safe Academy (valid for two years). To be certified students must participate in the entire course from beginning to end and successfully complete all skills.

Students need a lunch, snacks, and a cell phone (if they own one). Drop off and pick up is in the classroom. Instructor: Live Safe Academy.

Sunday, December 8 at Salter Community Center
 9:00 am - 3:00 pm (6 hours) **YA4001**
 Fee: Res. \$75 / 1 class

Certified Pet Sitter/CPR/First Aid (Add-on only; ages 9+)

Kids, would you like to learn pet first aid and be a certified Pet Sitter? Increase your competitive edge by being more valuable to families with pets and kids. Increase your market by being certified to watch pets or kids. Learn to care for the pets in your own family. Have fun and help keep animals safe. This is an add on class for students who participate in the Certified Babysitter course on the same day and will begin after the babysitter safety class ends.

Bring extra snacks if staying for this portion. Drop off and pick up is in the classroom. Instructor: Live Safe Academy.

Sunday, December 8 at Salter Community Center
 3:00 - 4:00 pm (1 hour) **YA4002**
 Fee: Res. \$15 / 1 class



www.leisureunlimited.net

Sports Starters (ages 3 - 5)

A fun introduction to individual sports skills. Various balls, bean bags and hula hoops will be used to help your toddlers understand and execute the skills of running, catching, throwing, and kicking. Class emphasis is on participation, effort and FUN! Wear gym shoes. Bring a mask & water bottle. All CDC guidelines will be followed. **Held at Salter Center in Royal Oak.** Minimum 9; max. 14. Instructor: Leisure Unlimited LLC, Coach David East

Wednesday at Salter Community Center

Sept. 18 - Oct. 23, 4:00- 4:45 pm **YA 2001**
Fee: Res. \$90; Non-Res. \$95 / 6 weeks

Wednesday at Salter Community Center

Oct. 30 - Dec. 11, 4:00-4:45 pm **YA 2004**
Fee: Res. \$90; Non-Res. \$95 / 6 weeks
No class Nov. 27

Kiddie Sports and Games (ages 4 - 6)

Introduce your youngsters to a variety of sports including soccer, lacrosse, floor hockey, tee-ball, volleyball, kickball, football and a few surprises! Fun, progressive drills allow kids to work at their own pace while improving their individual and team skills. Emphasis is on teamwork and effort. Wear gym shoes. Bring a mask & water bottle. All CDC guidelines will be followed. **Held at Royal Oak Salter Center.** Minimum 9; max. 15. Instructor: Leisure Unlimited LLC, Coach Dave East

Wednesday at Salter Community Center

Sept. 18 - Oct. 23, 5:00-5:55 pm **YA 2002**
Fee: Res. \$90; Non-Res. \$95 / 6 weeks

Wednesday at Salter Community Center

Oct. 30 - Dec. 11, 5:00-5:55 pm **YA 2005**
Fee: Res. \$90; Non-Res. \$95 / 6 weeks
No class Nov. 27

Youth Basketball (ages 7-11)

Jump into the fast-paced game of basketball. For the beginning and intermediate player. Using progressive drills and games, players will learn dribbling, passing, positions, shooting techniques, offenses and defenses. Kids may scrimmage if permitted. Emphasis is on effort, teamwork and sportsmanship. Bring a mask & water bottle. All CDC guidelines will be followed. **Held at Royal Oak Salter Center.** Minimum 9; max. 16. Instructor: Leisure Unlimited LLC, Coach Dave East

Wednesday at Salter Community Center

Sept. 18 - Oct. 23, 6:00-6:55 pm **YA 2003**
Fee: Res. \$90; Non-Res. \$95 / 6 weeks

Wednesday at Salter Community Center

Oct. 30 - Dec. 11, 6:00-6:55 pm **YA 2006**
Fee: Res. \$90; Non-Res. \$95 / 6 weeks
No class Nov. 27

TumbleBunnies Gymnastics

www.tumblebunnies.com

Karate /Parkour

Our Karate class teaches martial art skills & drills in a fun way to help children learn the wonderful world of karate. Life skills such as respect, self-discipline, focus, listening & kindness are also emphasized. An increase in agility, coordination & strength are only some of the benefits of having your child be a Ninja Bunny. Each week is filled with a variety of activities & various props to keep each class unique, fresh & fun.

Fridays at Salter Community Center

Fall 1: Sept. 27 - Nov. 1 Fall 2: Nov. 8 - Dec. 20
Fee: \$100 / 6-week session
No class Nov. 29

3-5 year olds, 4:00 - 4:30pm YA3004

6-8 year olds, 4:35 - 5:05pm YA3005

Itty Bitty Bunny – ages 18 months - 2 years

This fun, energetic class has **parents working with their child** that is filled with a variety of activities such as gymnastics focused warm-ups, movement to music, many activities on a ton of equipment such as octagons, wedge mats, trampoline, bars and much more. Comfortable clothing is all that's required. Minimum of 8 students.

Tuesdays at Salter Community Center

9:30 - 10:00 am **YA3009**
Fall 1: Sept. 24 - Oct. 29 Fall 2: Nov. 12 - Dec. 17
Fee: \$100 / 6-week session

Saturdays at Salter Community Center

9:30 - 10:00 am **YA3001**
Fall 1: Sept. 28 - Nov. 2 Fall 2: Nov. 9 - Dec. 21
Fee: \$100 / 6-week session
No class Nov. 30

TumbleBunnies Gymnastics – ages 3 and older

Students will be introduced to the wonderful world of gymnastics by using equipment such as balance beams, bars, trampoline, vault, octagons, wedge mats and so much more. Our classes are fun, fast moving and challenging. Our enthusiastic instructors will make each child feel special and encourage them to do their very best. Each session is non-repetitive throughout the session and filled with all new skills and drills. Comfortable clothing is all that is required. Minimum of 8 students per session.

Tuesdays at Salter Community Center

Fall 1: Sept. 24 - Oct. 29 Fall 2: Nov. 12 - Dec. 17
Fee: \$100 / 6-week session

Bizzy Bunnies, 3 - 4 year olds, 10:05 - 10:35 am YA3010

Saturdays at Salter Community Center

Fall 1: Sept. 24 - Oct. 29 Fall 2: Nov. 12 - Dec. 17
Fee: \$100 / 6-week session
No class Nov. 30

Bizzy Bunnies, 3 - 4 year olds, 10:05 - 10:35 am YA3002

Happy Hoppers, 5 - 7 year olds, 10:40 - 11:10 am YA3003



Hoopster Tots (ages 3-5)

Learning basketball has never been more fun! These classes focus on dribbling, shot technique, passing and teamwork. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge.

Sept. 16 - Oct. 21, 4:30 - 5:15 pm at Worden Park
 Fee: \$129 **YA5001**

Tennis (ages 6-10)

Whether your child is a beginning or intermediate player, this program will improve their game and help them get more enjoyment from tennis. Our tennis programs focus on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players.

Sept. 16 - Oct. 21, 5:30 - 6:30 pm at Worden Park
 Fee: \$145 **YA5002**

Volleyball

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled program. All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting and serving. This program is designed for the beginning to intermediate player.

Sept. 21 - Oct. 26 at Salter Community Center
 Fee: \$155

Ages 8-10: 10:30 - 11:45 am YA5004
Ages 11-13: 12:00 - 1:30pm YA5005

Gymnasium Rentals

There are a few remaining time slots for gymnasium rentals at the Salter Community Center. The cost of renting the gym is \$60 per hour. For more information and available times, please call 248-246-3180.

Who to Contact

- John Lindell Ice Arena.....248-246-3950
- Swimming.....248-435-8500 ext. 1148
- Metro Detroit Youth Clubs – Jack & Patti Salter Club248-544-4166
- RO Sandlot League www.royaloaksandlot.com
- Royal Oak Football Club (Youth Soccer).....www.royaloakfc.com
- Royal Oak Titans (Youth Football).....www.royaloaktitans.org
- Royal Oak Hockey..... www.royaloakhockeyclub.com

MissPaulaMusic.com presents:

Toddlers and Tunes!

Get the party started and join Miss Paula for some singing, jumping, counting, dancing and clapping. We will be jamming to some old, cherished tunes along with your new favorite songs! Miss Paula has been entertaining kids with her quirky songs and silly style for over 20 years with the Candy Band. Small instruments and dancing scarves are provided. Session also includes "Six String Stories", a beautifully illustrated hardcover songbook of some of Miss Paula's original compositions. Don't be left out of this shindig – sign up today!



Thursdays at Salter Community Center, Dance Room
 Fee: \$85 / session; \$65 / returning session*

Session 1: Aug. 22 - Sept. 12
 0 - 18 mos.: 10:00 - 10:40 am **YA4001**
 18 mos. & up: 11:00 am - 11:40 am **YA4002**

Session 2: Oct. 3 - 24
 0 - 18 mos.: 10:00 - 10:40 am **YA4001**
 18 mos. & up: 11:00 am - 11:40 am **YA4002**

Session 3: Nov. 7 – Dec. 5
No class Nov. 28
 0 - 18 mos.: 10:00 - 10:40 am **YA4001**
 18 mos. & up: 11:00 am - 11:40 am **YA4002**

*\$16 per child/parent unit per week + \$20 Six String Stories book fee

Activity Cancellation

248-246-3187

Building Closure Hotline Number

Whenever inclement weather or building issues force an emergency **building closure** of either the Salter or M/M Community Centers, contact this hotline for information.

- In the event of single class cancellation, students will be notified via email. (If the email on your household account is a Gmail address, please check your spam folder, as romi.gov email extensions are flagged in the Gmail system).
- Households have the option to sign up for text alerts through our new software program. This feature will only be utilized in the event of class cancellations/schedule changes.
- When Royal Oak Schools are closed, Recreation Department classes held in school facilities are cancelled.

Special Thanks

A special thanks to the Royal Oak School District for the excellent City-School cooperation which allows us to provide numerous activities in school facilities.



Four Seasons Preschool takes the natural curiosity and joy of learning all children have and provides a safe and caring environment for them to grow. Our program is for children ages 3 through 5 years.

Our program offers the following:

- **Story Time**
 - **Physical Education**
 - **Music**
 - **Hands-on activities that promote pre-reading, pre-math, thinking and reasoning skills, and language development.**
- **Science**
 - **Art**
 - **Free Play Time**

We are currently full for the 2023-2024 school year.

2024-2025 Registration

- There is a non-refundable \$100 deposit fee due at time of registration.
- To be eligible for registration for the 2024-2025 school year students MUST be:
 - 3 years of age by Sept. 1, 2024
 - Toilet trained

The Four Seasons Preschool is located at the Senior/Community Center, 3500 Marais (1 block north of 13 Mile, 3 blocks east of Crooks).

2024 - 2025 Class Schedule

Morning Classes, 8:30 - 11:00 am

2 Days: Tuesday & Thursday

Tuition Fee: \$1,304.00 / 33 weeks

PRE2024-R3

FULL

3 Days: Monday, Wednesday and Friday

Tuition Fee: \$2,010.95 / 33 weeks

PRE2024-R1

FULL

Afternoon Class, 12:15 - 2:45 pm

Monday, Tuesday, Wednesday and Thursday

Tuition Fee: \$2,681.25 / 33 weeks

PRE2024-R2

FULL

For more information regarding pricing and scheduling, please visit:

www.fourseasonspreschoolonline.com

Four Seasons Preschool is licensed by the State of Michigan

Tai Chi

An ancient Chinese discipline designed to enhance the body, mind and spirit and leave you feeling refreshed. You will gain better muscle tone, improve joint flexibility, and increase circulation. Wear comfortable, loose-fitting clothing. The instructor, Han Hoong Wang, has been teaching for more than 35 years in the United States. She is a certified senior instructor in Traditional Yang Style Tai Chi. She believes the pursuit of knowledge, understanding and excellence in Tai Chi Chuan is a lifelong journey. She has traveled extensively throughout the U.S. and back to China to study with the world's top masters. She welcomes students of all ages to join her class.

Yang Family Tai Chi Hand Form (Cont.)

Monday, 7:30-8:30 pm **AF2002**

Sept. 9 - Dec. 2 at Keller School

Fee: Res. \$96; Non-Res. \$101 / 12 weeks

No class Nov.4

Yang Family Tai Chi Saber and Long Pole

Monday, 8:30-9:30 pm **AF2003**

Sept. 9 - Dec. 2 at Keller School

Fee: Res. \$96; Non-Res. \$101 / 12 weeks

No class Nov.4

Yang Style Tai Chi

Traditional Hand Form – Beginner 1

Class taught by Brian Buchanan,

Certified instructor by Yang Family Tai Chi

Thursday, 6:30-7:30 pm **AF2001**

Sept. 12 - Dec. 5 at Keller School

Fee: Res. \$96; Non-Res. \$101 / 12 weeks

No class Nov. 28

Chen Style Laojia Yi Lu 2-3

Thursday, 7:30 - 8:30 pm **AF2004**

Sept. 12 - Dec. 5 at Keller School

Fee: Res. \$96; Non-Res. \$101 / 12 weeks

No class Nov. 28

Mulan Fan – Part Two of Mulan Fan Form

Thursday, 8:30-9:30 pm **AF2005**

Sept. 12 - Dec. 5 at Keller School

Fee: Res. \$96; Non-Res. \$101 / 12 weeks

No class Nov. 28



Fall 2024 Instructional Swim Programming

Fall 1: Sept. 7 - Oct. 19 (7 sessions)

Fall 2: Oct. 26 - Dec. 14 (7 sessions)

Location: Royal Oak High School

Classes

Competitive Swim, ages 7-17

7:30 - 8:15 am

Fee: \$105 (per session)

Leveled Swim: Levels 1-6, ages 6-14

8:30 - 9:15 am, 9:30 - 10:15 am, 10:30 - 11:15 am

Fee: \$105 (per class, per session)

Tiny Tots, ages 3-5 without parent

11:30 am - 12:15 pm

Fee: \$105 (per session)

General Information

- Registration is done online at royaloakrec.recdesk.com and classes can be found under the swim category.
- Non-residents are charged an additional \$5 fee per registrant.
- Equipment needed: bathing suit, towel, lock to secure clothing and valuables.
- Children 12 and under must be accompanied by an adult. Children over the age of 12 must be picked up immediately following swimming.
- The City of Royal Oak and Royal Oak Schools are not responsible for lost or stolen property.
- Flotation devices of any kind are prohibited in the pool.

Vacation Periods and Closures:

Labor Day: Sept. 2

Thanksgiving Break: Nov. 27-29

Holiday Break: Dec. 23-Jan. 3

In the event of school cancellation due to inclement weather or other emergencies, swim programming will be cancelled as well.



Fall 2024 Evening Recreational/Open Swim

Schedule:

Mondays & Wednesdays, Sept. 4 - Dec. 18

Royal Oak Middle School

709 N. Washington, between 11 Mile and Catalpa

Monday Evenings:

Open Swim: 7:15 - 8:15 pm

Adult Lap Swim: 8:30 - 9:30 pm

Royal Oak High School

1500 Lexington Blvd., off Crooks N. of 13 Mile

Wednesday Evenings:

Open Swim: 7:15 - 8:15 pm

Adult Lap Swim: 8:30 - 9:30 pm

Fees & Membership Information

- \$6.00 drop-in fee for everyone 5 years of age and older.
- \$4.00 drop-in fee for individuals 60 and older or retired.
- Memberships are available to residents and non-residents and can be found online at royaloakrec.recdesk.com or at open swim location.
- There are a variety of membership packages to best suit everyone. These packages include 10 punches for individuals, and 40 for families.

Membership Pricing

Individual Adult: \$50 (res.) / \$55 (non-res.)

Family: \$150 (res.) / \$175 (non-res.)

Senior: \$40 (res. only)

Participant Code of Conduct

Participants are expected to follow all Royal Oak Schools policies and procedures, including posted pool rules. Participants are expected to be courteous to other facility users. The following actions will not be tolerated and may be cause for suspension or termination of all privileges and/or legal prosecution.

1. Harassment, intimidation, or similar actions towards patrons or staff.
2. Vulgar, obscene, abusive, derogatory, taunting or demeaning comments and/or gestures.
3. Destructive, dangerous or hazardous behavior to people, equipment or facilities.
4. Failure to obey directives of lifeguards or pool supervisor.



Royal Oak FITNESS

Fit Mix

Burn calories in this heart-healthy combo toning class that includes the essential components of fitness: cardio, strength, core, and flexibility. Cardio portion includes warm-up, aerobic drills, and fun combos – with options to keep it low, take it higher or somewhere in-between. Hand weights are used during strength segment, followed by core work and a series of controlled, static stretches to enhance range of motion and release stress. Bring a mat, hand weights, dynaband (optional) and water.

Monday, 5:50-6:50 pm Instructor: Karen B

Sept. 9 - Dec. 9 at M/M Senior/Community Center **FF2005**

No class Oct. 28, Nov. 4

Fee: Res. \$84; Non-Res. \$89 / 12 weeks

Wednesday, 5:50-6:50 pm Instructor: Karen B

Sept. 11 - Dec. 11 at M/M Senior/Community Center **FF2006**

No class Oct. 30, Nov. 27

Fee: Res. \$84; Non-Res. \$89 / 12 weeks

Low-Impact **Great for Beginners!**

Need to restart your exercise program? Perform simple low-impact, joint-friendly moves to burn calories, condition your body, and improve balance and functional fitness. Get a motivating workout to music without complicated choreography. Bring a mat for floor work (chairs are available for modified floor work) and water. Light hand weights are optional.

Thursday, 6:20 - 7:20 pm Instructor: Angie M

Sept. 12 - Dec. 12 at M/M Senior/Community Center **FF2002**

No class Oct. 31, Nov. 28

Fee: Res. \$84; Non-Res. \$89 / 12 weeks

Stretch Relief **New Day & Time!**

Stretching and flexibility are the focus of this class. After warming up with a series of simple functional movements, you will enhance range of motion, increase circulation, and release stress through a variety (standing/seated/on floor) of head-to-toe controlled concentrated stretches. Using proper form and breath awareness, you will feel more limber, clear-headed and relaxed. Bring a mat and wear loose, comfortable clothing.

Monday, 7:00-8:00 pm Instructor: Karen B

Sept. 9 - Nov. 18 at M/M Senior/Community Center **FF2023**

No class Oct. 28, Nov. 4

Fee: Res. \$63; Non-Res. \$68 / 9 weeks

Yoga Basics +

This class consists of a flowing series of movements connected to the breath. Each session begins with a centering meditation, continues with warm-ups, and moves into a flow of poses designed to improve balance, strength, and flexibility. Every practice ends in a resting meditation, leaving students with a sense of overall well-being. This class is a step up from basics but isn't quite intermediate, so while some experience may be helpful, modifications will be offered. Dress in layers and bring a mat and any straps, blocks or blankets that may help facilitate your practice.

Tuesday, 7:30 - 8:30 pm Instructor: Dawn Y, RYT-500

Sept. 10 - Dec. 10 at M/M Senior/Community Center **FF 2021**

No class Oct. 29, Nov. 5

Fee: Res. \$84; Non-Res. \$89 / 12 weeks

Mat Pilates

Pilates, a non-impact deep muscle conditioning method, strengthens the body's "powerhouse" – the abdominal, gluteal and back muscles – by redressing unbalances and altering movement patterns. This mat-intensive workout enhances posture, flexibility, endurance and balance while toning and firming your core and can be modified from gentle to challenging, depending on fitness level and goals. Bring a mat and light weights.

Monday, 6:20-7:20 pm Instructor: Ginger V

Sept. 9 - Dec. 9 at Salter Community Center **FF2013**

Fee: Res. \$98; Non-Res. \$103 / 14 weeks

Wednesday, 6:20-7:20 pm Instructor: Tommy R

Sept. 11 - Dec. 11 at Salter Community Center **FF2014**

No class Nov. 27

Fee: Res. \$91; Non-Res. \$96 / 13 weeks

Total Body Conditioning **New Additional Night!**

Build muscle strength and endurance and burn more calories for safe, fast results with this full body training set to energetic music. Whether you are a beginner with new fitness goals or an experienced exerciser looking for a cross-training body toning workout, this fun class is for you. The cardio warm-up leads into weight training geared to sculpt and strengthen muscles, ending with a series of refreshing stretches. Bring a mat, hand weights, towel and water.

Tuesday, 6:20-7:20 pm Instructor: Angie M

Sept. 10 - Dec. 10 at M/M Senior/Community Center **FF2010**

No class Oct. 28, Nov. 5

Fee: Res. \$84; Non-Res. \$89 / 12 weeks

Thursday, 7:30-8:30 pm Instructor: Kendall M

Sept. 12 - Dec. 12 at M/M Senior/Community Center **FF2016**

No class Sept. 19, Oct. 31, Nov. 28

Fee: Res. \$77; Non-Res. \$82 / 11 weeks

Saturday, 8:45-9:45 am Instructor: Angie M

Sept. 14 - Dec. 14 at Salter Community Center **FF2012**

Oct. 12, Nov. 30

Fee: Res. \$84; Non-Res. \$89 / 12 weeks

PLEASE REGISTER EARLY

to ensure your spot in class. Any classes not meeting minimum enrollment requirements three business days prior to start date may be subject to cancellation.

IF class meets enrollment requirement to run, drop-ins are allowed for \$10 fee.

Hatha Yoga

Rejuvenate your mind and body. Improve your mental concentration, body alignment, and learn to enjoy deep relaxation. Join our basic Hatha Yoga class. Everyone is welcome regardless of age, flexibility, or fitness level. Postures can be modified to make the practice as gentle or challenging as each individual needs. We practice without competition or judgement. Yoga is especially beneficial for people leading stressful lives as it promotes centering, balance, and relaxation which enhances our quality of life. **Classes are for all skill levels. Beginners are welcome.** Wear comfortable, loose clothing and **bring a mat, blanket and strap.** Do not eat 1½ to 2 hours prior to class. Instructor: Christine Walbridge.

Wednesday at Senior/Community Center

Sept. 11 - Dec. 11, 5:40 - 6:55 pm **AF2007**

Fee: Res. \$96; Non-Res. \$101 / 12 weeks

No class Oct. 30, Nov. 27

Thursday at Senior/Community Center

Sept. 12 - Dec. 12, 7:00 - 8:15 pm **AF2010**

Fee: Res. \$96; Non-Res. \$101 / 12 weeks

No class Oct. 31, Nov. 28



Water Aerobics

You do not need to know how to swim. A challenging aerobics workout that is fun, safe and effective. Increase flexibility, tone and strengthen muscles utilizing the support and massaging effect of the water. Locker room available, bring your lock, towel and suit. Leave your valuables at home. Program fills quickly.

Wednesday at Royal Oak Middle School Pool

Sept. 4 - Dec. 4, 7:00 - 7:55 pm **AF2011**

Fee: Res. \$91; Non-Res. \$96 / 13 weeks

No class Nov. 27

Aqua Zumba

Come and join the Ultimate Pool Party. Have fun exercising, dancing, wiggling, and getting fit to make-you-want-to-move Latin Music! Zumba Workout in the Water! No dance or Zumba experience necessary. All levels welcome. Bring water shoes, a towel and a smile! No Sweat!

Wednesday at Royal Oak Middle School Pool

Sept. 4 - Dec. 4, 8:00 - 8:55 pm **AF2012**

Fee: Res. \$91; Non-Res. \$96 / 13 weeks

No class Nov. 27



Tactical Self-Defense "TSD"



In today's increasingly violent world, the ability to defend yourself is critical. Men, women, and teens need time proven self protection skills now more than ever. Our unique program will teach you those skills quickly, effectively, and safely while learning about important elements such as

awareness and strategy – all while having a ton of fun. You will learn how to deal decisively with any form of assault, grabs, punches, kicks, lock, or even armed attackers. The self-defense and martial arts skills you will learn at Tactical Self Defense are based on ancient techniques, designed and taught for a modern world. We know each individual is just that, and individual with different strengths and weaknesses. Martial arts is not a team sport, the only person that you are competing with is yourself. Students come to us from age 15 to 70. Some students are in shape while others are overweight. Some come for self defense, fitness, and others for pure fun. Each person is treated as an equal and is trained to the best of their own ability and potential. At Tactical Self Defense our instructors are there to guide, instruct, and motivate you to be the best you can be. Instructor Dean Hadin has over 31 years of training in traditional and contemporary martial arts. He has taught students of all ages from Police Officers, to business executives, to youth groups – for the past decade in the Metro Detroit Area.

Wednesday at Salter Community Center

Sept. 18 - Oct. 23, 7:30 - 8:45 pm **AF2401**

Fee: Res. \$54; Non-Res. \$59 / 6 weeks

Wednesday at Salter Community Center

Oct. 30 - Dec. 11, 7:30 - 8:45 pm **AF2402**

Fee: Res. \$54; Non-Res. \$59 / 6 weeks

No class Nov. 27

Water Color Painting

Beginning through Experienced Students

Noted Michigan Artist, Karen Halpern, will teach lessons each week, in which you paint a variety of subjects. They provide fundamentals and stretch your abilities. Color mixing, color theory, design, and painting techniques will guide you as you develop your art. Students work at their own level of ability in a supportive setting. **Ask for supply list when you register.**

Monday, 1:00 - 3:00 pm at Salter Community Center (Art Room)

Sept. 9 - Nov. 11 **AE2006**

Fee: Res. \$129; Non-Res. \$134 / 9 weeks

No class Oct. 28

New Session Add-on!

Nov. 25 - Dec. 16

Fee: \$57.00

Line Dancing

Welcome to the fun world of DANCING like you see at all the social events. No partner needed, it's terrific exercise for mind, heart and body. Learn to dance to Rock, County, 50's & 60's and Fun Dances. Bring your friends and join us. Instructor: Jackie Orbals

Session 1

Basic Beginner - Single Dancer

Tuesday, 6:15-7:00 pm at Salter Community Center

Sept. 24 - Oct. 29 **AE2003**

Fee: Res. \$42; Non-Res. \$47 / 6 weeks

Beginner "Plus" - Single Dancer

Tuesday, 7:00-8:00 pm at Salter Community Center

Sept. 24 - Oct. 29 **AE2004**

Fee: Res. \$42; Non-Res. \$47 / 6 weeks

Session 2

Basic Beginner - Single Dancer

Tuesday, 6:15-7:00 pm at Salter Community Center

Nov. 12 - Dec. 17 **AE2007**

Fee: Res. \$42; Non-Res. \$45 / 6 weeks

Beginner "Plus" - Single Dancer

Tuesday, 7:00-8:00 pm at Salter Community Center

Nov. 12 - Dec. 17 **AE2008**

Fee: Res. \$42; Non-Res. \$45 / 6 weeks



Paint Like Bob Ross

Learn to Paint like Bob Ross in just one day! Join Certified Bob Ross Instructor Ted Simpson as he guides you through an entire painting in just a few hours. Paint big mountains, fluffy clouds, and of course, lots of Happy Little Trees! Each class is a different painting. All supplies are included to complete your masterpiece. No previous painting experience is required. You can do this!

Moon Over Waterfall

Saturday, October 19 at Salter Community Center

1:00 - 4:00 pm AE2017

Fee: \$80

Winter Mountain

Saturday, Dec. 7 at Salter Community Center

1:00 - 4:00 pm AE2019

Fee: \$80



Cooking

Italian Three-Cheese Ravioli and Tortellini

Tuesday, Sept. 17, 6:00-8:30 pm AE2011

Room 3 at M/M Community Center

Fee: \$36

Join us and learn how easy it is to prepare these much-loved Italian foods all from scratch! First, you'll work on your own and prepare delicious, foolproof pasta dough along with your choice of 3 different, flavorful fillings (3-cheese, spinach-cheese, or mushroom-cheese). Then you'll create dozens and dozens of yummy ravioli and tortellini! Email supplylist@gmail.com or call (586)256-8144 for a list of supplies to bring.

Perfect Pierogies

Tuesday, Oct. 8, 6:00-8:30 pm AE2013

Room 3 at M/M Community Center

Fee: \$36

Come spend a relaxing evening where you'll work on your own and prepare about two dozen fresh pierogi overstuffed with your favorite fillings - all from scratch! You'll never buy grocery brand pierogi again! Email supplylist@gmail.com or call (586)256-8144 for a list of supplies to bring.

Dinner & Dessert: German Strudels

Tuesday, Oct. 22, 6:00-8:30 pm AE2015

Room 3 at M/M Community Center

Fee: \$36

In this fun, hands on class you'll work on your own to prepare an amazing dinner strudel filled with savory seasoned meat or poultry, fresh cut veggies, and yummy shredded cheese! You'll also prepare a sinfully sweet dessert strudel filled with your choice of fresh apples, cherries, blueberries or strawberries! Email supplylist@gmail.com or call (586)256-8144 for a list of supplies to bring.



Holiday Polish Kolachy Cookies

Tuesday, Dec. 3, 6:00-8:30 pm A2016

Room 3 at M/M Community Center

Fee: \$36

Just in time for the holidays! Work on your own to create these much-loved butter and cream cheese cookies filled with your favorite fruit preserves! Perfect for your dessert table. Email supplylist@gmail.com or call 586-256-8144 for a list of supplies to bring.

Drop-In Sports at the Salter Center

Pickleball

Beginning October 21

- Drop-in fees are listed below. Any individual caught not paying will be asked to leave the gym immediately.
- Sign-in sheets will be made available 30 minutes before scheduled start times.

Monday - Friday

11:00 am - 3:00 pm
West Gym - 3.5 & higher
Drop-in fee: \$5

Monday, Wednesday, Friday

11:00 am - 3:00 pm
East Gym - Beginner - 3.5
Drop-in fee: \$5

Tuesday, Thursday

1:30 - 3:30 pm
East Gym - Beginner - 3.5
Drop-in fee: \$3



Bounce Volleyball

Tuesdays and Thursdays

11:00 am - 1:00 pm

Bounce Volleyball, a slightly slower paced game than power volleyball, allows a wider range of skill levels to participate and enjoy this great game. \$1 per session.

Drop-In Pinochle

Wednesdays & Fridays, 12:30 pm

Drop in for an enjoyable game of pinochle, meet new friends. \$1

Cardio Kickboxing & More!

Mondays

Low-Impact: 9:00 - 9:55 am
Cardio Kickboxing: 10:00 - 10:55 am

Fall 1

August 19 - Oct. 7 No class Sept. 2

Low-Impact SA5001
Cardio Kickboxing SA5002

Fall 2

Oct. 14 - Dec. 2 No class Nov. 25

Low-Impact SA5001
Cardio Kickboxing SA5002

\$56 / 7 weeks

Drop-ins welcome for \$8 per class

Join us for this high-energy, non-contact fitness class. These classes are for beginners and pros alike. These classes will focus on building endurance, improving your flexibility, and having fun! All classes can be done standing or seated. Toni Henderson, Certified Fitness Instructor.

Let's Walk!

Monday - Friday, 8:30 - 11:00 am

Strengthen your heart, lungs and vascular system. Improve your circulation. Relieve tension and modify the aging process. How? Join **Let's Walk!** and enjoy the four seasons, briskly walking at your own pace. Walk indoors around the gym or outdoors in the park and neighborhoods, weather permitting. Track your progress by completing a mileage log sheet at the Salter Center.

Sit Down & Tone Up

Monday, Wednesday, Friday; 9:30 am

A lively workout without leaving your chair. You'll build strength, stimulate bone growth and improve posture and balance. Work lower body and abs by using your leg's own weight (or bring ankle weights). Work upper body with 1 - 3 lb. weights. Video workout, free!

Senior Pilates

Tuesdays, 12:00 - 1:15 pm

August 20 - Oct. 8 SA2302

Oct. 15 - Dec. 10 No class Nov. 5 SA2302

\$40 / 8 weeks

Pilates is a neuro-muscular resistance control method of exercise designed to help develop strong, flexible muscles and better posture. This is a basic class with emphasis on gradual progression and strict body alignment and exercise form. Wear loose comfortable clothes and bring a mat. Instructor: Cheryl Baugh, ACSM, Certified Fitness Instructor.

Stretch & Strength (40+) Cardio, weights and stretching

11:00 am - 12 Noon

Fall 1

Mondays: Aug. 26 - Oct. 21 SA6001

Wednesdays: Aug. 28 - Oct. 24 SA6002

Fridays: Aug. 23 - Oct. 11 SA6003

\$48 / 8 weeks

Fall 2

Mondays: Oct. 28 - Dec. 23 SA6004

\$48 / 8 weeks

Wednesdays: Oct. 23 - Dec. 18 SA6005

Fridays: Oct. 18 - Dec. 20 SA6006

\$54 / 9 weeks

Drop-in any Monday, Wednesday or Friday for \$6 per class.

No class Sept. 2; Nov. 11, 29

Fun exercise for the active adult and senior. Improve your stamina, strength and flexibility. All exercises are adaptable to allow you to work at your own pace and fitness level. Each class includes low-impact aerobics, strength training and stretching. Workout to great music, make new friends, socialize, laugh and have fun! Bring a water bottle and hand-held weights if you have them. Wear tennis shoes and loose, comfortable clothing. Instructor Jo Schirtzinger, from Leisure Unlimited LLC, has been teaching this popular class in Royal Oak since 1994.

Yoga

Tuesdays, 1:30 - 2:30 pm

August 20 - Oct. 8 SA2322

Oct. 15 - Dec. 10 No class Nov. 5 SA2322

\$40 / 8 weeks

Yoga is a great way to deal with hypertension, back pain, headaches, stress, depression and even arteriosclerosis. Through a series of movements, postures and breathing techniques, one will increase, strength, flexibility, alignment and balance. Instructor - Cheryl Baugh. Preregister.

Helping Hands

Fridays, 9:30 am

Interested in knitting, crocheting or sewing? Create blankets for chemotherapy patients at the Salter Center on Fridays, or work at home. Kits are available, or you can use your own materials to create squares that can be assembled into blankets for the patients. Stop by and get the details about the size and type of materials desired, or call (248) 246-3180. Donations of 4-ply yarn gratefully accepted.

Royal Oak Nature Society

Protecting Our Nature Parks and Educating the Community

The Royal Oak Nature Society is a volunteer group working with the city to maintain and improve Royal Oak's two nature preserves, Cumingston Park and Tenhave Woods. Dogs are not allowed inside either Tenhave Woods or Cumingston Park. The Nature Society is also developing the Royal Oak Arboretum behind the Senior Center. If you are interested in joining the conservation effort or just need more information, please phone us at 248-246-3380 and leave a message, email us at naturesociety@romi.gov, mail us at: Royal Oak Nature Society, 1600 N. Campbell Rd, Royal Oak, 48067 or check out our website at www.romi.gov/nature. You can also find us on Facebook. Park trail maps and maps showing the location of the two nature parks and the Royal Oak Arboretum can be found on our website.



Speaker Programs

At our free speaker programs, we present speaker programs that are usually Power Point presentations focusing on various natural history topics. If you watch nature programs on PBS or the Discovery Channel, this is better because you can talk with the speakers afterwards and ask questions. There is no cost for these programs, but registration is required. Currently, there are no programs scheduled.

Friends of Fungi

Friends of Fungi is a group that promotes the understanding of, and an appreciation for, fungi in general and those fungi found in Tenhave, Cumingston, and other local urban woods. Mary Fredricks heads this group. The group normally meets on the 2nd Wednesday of the month in November, January, February, and March at the Royal Oak Senior Center located at 3500 Marais. Currently, there are no meetings planned.

As programs and other walks are scheduled, they will be announced on our website and Facebook page.

Nature Walk Schedule

There is normally at least one naturalist lead walk per month with additional ones added during the spring wildflower and fall color seasons. The walks take place at Cumingston Park, Tenhave Woods and the Fred A. Erb Arboretum. An emphasis is put on understanding the different forest types found in our parks. Further information is given on individual plant and animal species, geology, and human history of the area. There is no cost or registration for our nature walks.

DATE	TIME & PLACE	TOPIC
Sept. 8 (Sun)	2:00 pm at Arboretum	Arboretum Walk
Sept. 28 (Sat)	10:00 am at Cumingston	Mushroom Walk
Oct. 20 (Sun)	2:00 pm at Cumingston	Fall Color
Oct. 26 (Sat)	10:00 am at Tenhave	Mushroom Walk
Oct. 27 (Sun)	2:00 pm at Tenhave	Fall Color
Nov. 3 (Sun)	2:00 pm at Cumingston	Fall Color
Nov. 10 (Sun)	2:00 pm at Tenhave	Fall Color



Royal Oak Symphony Orchestra

Celebrating its 28th season, the orchestra is a cultural offering to Royal Oak and our neighboring communities. Formed specifically for area musicians who desire to continue making music a life-long avocation, the orchestra is comprised of adults of all ages and professions. ROSO meets every Wednesday evening from 7:30-9:30 pm at Royal Oak Middle School and performs four concerts each season. For concert ticket information, call 248-549-0262. If interested in joining, click on the "Auditions" tab on the website: www.royaloakorchestra.org.

Concert admission: \$15; Students and Seniors, \$12;
Ages 18 and under free.

Royal Oak Concert Band

Organized in the mid-1960s, the Royal Oak Concert Band is the oldest community band in southeastern Michigan. The band meets each Monday, 7:00-9:00 pm, September through May, at Royal Oak Middle School. The ROCB is always looking for new members. If you are interested in joining, please visit our website at www.royaloakconcertband.org.

Updated performance schedule is also available on the website. Tickets available at the door or in advance at www.royaloakconcertband.org.

Concert admission: \$10; Seniors and students, \$8;
Ages 12 and under free.

Learn to SKATE!



Classes offered all year round. Ages 3 & Up. Introduction to figure skating and hockey.

PUBLIC SKATE

Skate at your own leisure. Bring friends and family to share the fun. General, adult and preschool sessions offered.

Check royaloakicearena.com for days and times.

NEW EDGE FIGURE SKATING CLUB

The **New Edge Figure Skating Club** offers a variety of opportunities for skaters to test and compete. As well as many opportunities for skaters to have fun and make new friends.

www.newedgefsc.org



ADULT HOCKEY LEAGUE

Spring/Summer League:
LATE APRIL - MID JULY

Fall/Winter League:
SEPTEMBER - MARCH



DROP IN HOCKEY

18 and up-full equipment come in a play a competitive game of hockey with fellow adult skaters.

STICKS & PUCKS

Open to all ages. full equipment required



- Lil Eagles Learn to Play – ages 4-10
- 8 & under youth hockey program
- Tier 3 (B) Hockey for 10u, 12u, 14u and 16u age groups
- Tier 2 (A/AA) Hockey for ages 9 through 18.

www.royaloakhockeyclub.com

SUBURBAN HOCKEY SCHOOLS



Instructional experience that improves skills, knowledge of the game, and overall self-confidence as it relates to the game through a positive learning experience.

TO VIEW CAMPS OFFERED: www.suburbanhockey.com

For more information on any of these programs, please visit
ROYALOAKICEARENA.COM

Registration Information

How to Register for Programs and Classes

Registration begins on August 12 for in-person, mail, fax and online submissions.

Mail-In Registration

You may send a completed registration form (or reasonable facsimile) with payment to:

**Royal Oak Recreation
PO Box 64
Royal Oak, MI 48068-0064**

Do not send cash. Make checks payable to **Royal Oak Recreation**. Use separate checks for different classes in case one of your desired classes is filled. **Returned check fee is \$35.** To receive a receipt, please include your e-mail address.

Fax Registration

Fax registrations are accepted 24/7 at **248-246-3007**. Fax payment by credit card only – please include credit card number, security code, expiration date, and your signature on registration form. To receive a receipt, please include your e-mail address.

In-Person Registration

Walk-in registrations are accepted at the Recreation Office Monday through Friday, 8:30 am to 5:00 pm. The Recreation Office is located at the Dept. of Public Service, 1600 N Campbell Road, Royal Oak MI 48067. We accept payment in person by cash, check, Visa, M/C or Discover.

Refunds

Refunds will be granted up to one week prior to the start of a class or camp, less a \$5 service fee. Refunds will be granted after the first week of class less a \$10 service fee. **NO REFUNDS WILL BE GRANTED AFTER THE SECOND WEEK OF CLASS. NO REFUNDS ONCE A CAMP HAS STARTED.** No refunds on one-day classes. Allow 3 weeks for refund check. Fees charged on credit cards must be credited back to your credit card, **LESS SERVICE FEES INDICATED.**

NOTE: Children should not accompany their parents to classes designated for adult participants only.

Senior Center classes are open to adults of all ages who are available for daytime activities. No membership fee or residency requirement.

How to Register for Recreation Programs Online

royaloakrec.recdesk.com

For additional information, click on “Help” on the home page.

Open Online Registration Begins August 12

General Guidelines

Royal Oak Recreation has moved software systems as of August 1, 2023. All household account information was not transferred in this move. Therefore, you will need to create a new account under the “create account” tab on our home page. We are very excited to offer this user-friendly interface to you going forward!

If you have never registered for a class with Royal Oak Recreation, you will need to “create account” through the website listed above.

How to Register for Senior Programs

Please **call 248-246-3900** to register for programs or for more information. You cannot register for classes online.

Low Enrollment

Royal Oak Recreation and the Senior Center reserves the right to cancel classes due to low enrollment. Full refunds will be given if a class/camp is cancelled by Royal Oak Recreation. Please register early so we don't cancel your class!

Insufficient Funds

There will be a \$35 Returned Check Charge to all accounts for checks that are returned by the bank.

Royal Oak Recreation 248-246-3180

8:30 am to 5:00 pm, Monday - Friday

Royal Oak Senior Center 248-246-3900

9:00 am to 4:30 pm, Monday - Friday

Registration for all Extended Trips should be done in person at the Mahany/Meininger Senior Community Center, 3500 Marais.

Registration Information

Registration Form

Student Name _____ Date of Birth _____ Male/Female _____

Address _____ City, Zip _____

Telephone - Home _____ Work _____

E-mail _____

Class _____ Day _____ Time _____ Start Date _____

Class _____ Day _____ Time _____ Start Date _____

Amount enclosed: \$ _____

Payment Method: Check Cash



Visa/Discover # _____ 3-digit Security Code _____

Mastercard # _____ 3-digit Security Code _____

Cardholder Name _____ Expiration Date _____

Signature of Cardholder _____

I hereby voluntarily release and hold harmless the City of Royal Oak, City of Royal Oak Contractors/Independent Contractors and the Royal Oak School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Signed _____ Date _____

(If youth, parent or guardian must sign)

Registration Form

Student Name _____ Date of Birth _____ Male/Female _____

Address _____ City, Zip _____

Telephone - Home _____ Work _____

E-mail _____

Class _____ Day _____ Time _____ Start Date _____

Class _____ Day _____ Time _____ Start Date _____

Amount enclosed: \$ _____

Payment Method: Check Cash



Visa/Discover # _____ 3-digit Security Code _____

Mastercard # _____ 3-digit Security Code _____

Cardholder Name _____ Expiration Date _____

Signature of Cardholder _____

I hereby voluntarily release and hold harmless the City of Royal Oak, City of Royal Oak Contractors/Independent Contractors and the Royal Oak School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Signed _____ Date _____

City of Royal Oak



-  **School Buildings**
- 1 Addams, 2222 W. Webster
- 2 Churchill Community Education Center, 707 Girard Ave.
- 3 Helen Keller, 1505 N. Campbell Rd.
- 4 Northwood, 926 W. 12 Mile Rd.
- 5 Oakland, 2415 Brockton Ave.
- 6 Oak Ridge, 506 E. 13 Mile Rd.
- 7 Royal Oak High, 1500 Lexington Blvd.
-  Royal Oak Schools Administrative Offices, 800 DeVillen
- 8 Royal Oak Middle, 709 N. Washington Ave.
- 9 Upton, 4400 Mandalay Ave.
-  Maintenance & Transportation Center, 1601 N. Campbell
-  **Government Buildings**
- 10 Mahany/Meininger Senior Community Center, 3500 Marais
- 11 Department of Public Service, 1600 Campbell
- Location of the Recreation Department**
-  Royal Oak Animal Shelter, 1515 N. Edgeworth
- 12 John Lindell Ice Arena, 1403 Lexington
- 13 Royal Oak Golf Course, 3417 Don Soper Dr.
- 14 Jack & Patti Salter Community Center, 1545 E. Lincoln
- 15 Orson Starr House, 3123 N. Main
-  **City Hall Complex**
- 16 City Hall, 203 S. Troy St.
Centennial Commons
Public Library, 222 E. 11 Mile
Police Department, 450 E. 11 Mile
44th District Court, 400 E. 11 Mile
Farmers Market, 316 E. 11 Mile
- 17 Royal Oak Historical Society Museum, 1411 W. Webster

-  **Parks**
- 18 Kenwood Park, Kenwood & Forest
- 19 Memorial Park, Woodward & 13 Mile
- 20 Red Run Park, Girard & Vermont
- 21 Starr/Jaycee Park, 13 Mile & Marais
- 22 VFW Park, Campbell & E. Lincoln
- 23 Worden Park, Lexington & Crooks
- 24 Upton Park, Nakota at Mandalay
- 25 Whittier Park, E. Farnum & N. Alexander
- 26 Cummington Nature, Torquay & Leafdale
- 27 Quickstad Park, Tenhave Woods, between Normandy & Lexington east of Crooks
- 28 Normandy Oaks Park, Delemere & Nakota
- 29 Lawson Park, Irving & Parent
-  Mark Twain Dog Park, Campbell, south of 14 Mile Rd

2024 Park Shelter Pricing

Rental Season April 1 - October 31, 2024

Park Shelters	Weekday Fees and Time Slots	Weekend Fees and Time Slots
Normandy Oaks (large)	10:00 am-2:00 pm; 3:00 pm-7:00 pm Resident: \$125 Non-Resident: \$175	10:00 am-2:00 pm; 3:00 pm-7:00 pm Resident: \$150 Non: \$200
Memorial (large)	10:00 am-2:00 pm; 3:00 pm-7:00 pm Resident: \$75 Non-Resident: \$100	10:00 am-2:00 pm; 3:00 pm-7:00 pm Resident: \$100 Non: \$125
Starr/VFW (large)	10:00 am-2:00 pm; 3:00 pm-7:00 pm Resident: \$50 Non-Resident: \$65	10:00 am-2:00 pm; 3:00 pm-7:00 pm Resident: \$80 Non: \$95
Lawson (small)	10:00 am-2:00 pm; 3:00 pm-7:00 pm Resident: \$50 Non-Resident: \$65	10:00 am-2:00 pm; 3:00 pm-7:00 pm Resident: \$80 Non: \$95
Starr East & West (small)	10:00 am-2:00 pm; 3:00 pm-7:00 pm Resident: \$30 Non-Resident: \$45	10:00 am-2:00 pm; 3:00 pm-7:00 pm Resident: \$40 Non: \$50

Meet Michigan Science Standards at

Red Oaks Nature Center

Tell your teacher! Book a field trip to Red Oaks Nature Center this fall to meet Michigan Science Standards.

Red Oaks Nature Center Offers:

- Seasonal Nature Interpretive Programs
- Preschool Programs
- Field Trips
- Birthday Parties
- Adult Educational & Wellness Offerings

Register online at OaklandCountyParks.com



Red Oaks County Park
30300 Hales St.
Madison Heights, MI 48071



**Leo Mahany / Harold Meininger
Community Center**

3500 Marais, Royal Oak, MI 48073 • (248) 246-3900
www.romi.gov

 **Royal Oak Parks and Recreation page**

Jack & Patti Salter Community Center

1545 E. Lincoln, Royal Oak, MI 48067 • (248) 246-3180

We are a team that values integrity, approaching all situations with a positive attitude, and creating an environment of respect, fairness, and empathy.

Code of Conduct

- **Live the Golden Rule**
 - **Embody Honesty**
 - **Act with Patience**
 - **Take Responsibility**
 - **Listen Attentively**
- **Communicate Effectively**
 - **Lead by Example**
 - **Be Proactive**

Live Royal Oak

Drop in either community center Monday through Friday. Our monthly *Times* newsletter is **FREE**. Call to join the mailing list or stop in the center lobby for the most recent copy. Start enjoying opportunities for lifelong education, fitness and leisure activities. The staff is committed to working with and for older adults to develop activities and services that support their efforts to remain healthy, active and independent.

Mission Statement:

The City of Royal Oak offers older adults opportunities for lifelong education, fitness, nutrition and leisure activities. Supportive services that promote independence and quality of life are available for residents who are 62 and over or permanently impaired adults.

The City of Royal Oak's Recreation Department does not discriminate against any program participant or applicant for participation because of actual or perceived race, color, religion, national origin, sex, age, height, weight, condition of pregnancy, marital status, physical or mental limitation, legal source of income, family responsibilities, sexual orientation, gender identity, or HIV status of person, that person's relatives, or that person's associates or for any other reason(s) prohibited by law. The City of Royal Oak will take affirmative action to insure that all practices are free from such discrimination.

Royal Oak Seniors Resource Center

Stop by the Mahany/ Meininger Resource Center for brochures from businesses with products and services for older adults. If you are a business owner and would like to display your brochures at the Resource Center, please call Carolyn Marsh at (248) 246-3917 for an application form. The fee to display in house physical brochures is \$150.00 per 12 months. **The Royal Oak Senior Community Center and/or the City of Royal Oak does not provide medical advice, diagnosis, treatment, legal, financial, or professional service advice or endorse any professional services or institutions.**

M/M Community Center Rental Information on page 30.

Special Events and Workshops

September

2	Labor Day	CLOSED
5	1st Thursday M/M Book Club	11:00 am
6	BINGO	12:30 pm
10	Questions on Cremation L/L	11:30 am
13	"Make Your Wishes Known"	10:00 am
	Free talk on Advanced Directives	
18	Legal Aid FREE	By appt.
20	Kerry Price Sing-Along \$2.00	12:30 pm
20	AARP Smart Driver TEK Talk FREE	10:00 am
21	Perennial Plant Exchange	9:00 am
23	Sushi Making Class \$42.00	5:30 pm
24	Importance of AEP L/L	11:30 am
25	Soup and Salad with Super	11:30 am
27	4th Friday M/M Book Club	10:00 am
27	Fall Celebration Square Dance \$10	7:00 pm

October

3	1st Thursday M/M Book Club	11:00 am
4	BINGO	12:30 pm
7	Welcome Newcomers	10:30 am
7	ABC's of Medicare L/L	11:30 am
8	Resource Panel for Seniors L/L	11:30 am
10 & 11	Mini and Craft Supply Sale	11:00 am
15	"I Remember" Poetry Workshop	10:00 am
15	Fall Cooking for 1 Demo \$35	6:30 pm
16	Legal Aid FREE	By appt.
18	Brain Health Presentation #1 FREE	10:00 am
18	Kerry Price Sing-Along \$2.00	12:30 pm
21	Estate Planning L/L	11:30 am
21	Sushi Making Class \$42.00	5:30 pm
23	Chocolate Indulgence Cooking \$35	6:30 pm
25	Brain Health Presentation #2 FREE	10:00 am
25	4th Friday M/M Book Club	10:00 am
29	Fall Cooking for 1 Demo \$35	6:30 pm

November

1	BINGO	12:30 pm
4	Welcome Newcomers	10:30 am
5	Election Day	CLOSED for programming
6	Chocolate Indulgence Cooking \$35	6:30 pm
7	1st Thursday M/M Book Club	11:00 am
8	Coffee with a Veteran	10:00 am
11	FREE Dine-in Meal for Veterans - RSVP	11:30 am
15	Kerry Price Sing- Along \$2.00	12:30 pm
18	Sushi Making Class \$42.00	5:30 pm
19	Writing for Zuihitsu Form	10:00 am
20	Legal Aid FREE	By appt.
22	4th Friday M/M Book Club	10:00 am
28-29	Thanksgiving	CLOSED

December

2	Welcome Newcomers	10:30 am
2	Sushi Making Class \$42.00	5:30 pm
5	1st Thursday M/M Book Club	11:00 am

Medical Equipment Loan Closet

The Mahany/Meininger Center has walkers, wheelchairs, bath stools, and more available for loan. There is **no charge** to borrow an item – keep them as long as necessary and return clean. Clean, working, durable medical equipment donations are also accepted. **Please call 248-246-3900 prior to bringing in equipment since our storage space is limited.**

Day Trips

Detroit Symphony Orchestra CLASSICAL Matinee Concerts Fall 2024 Fridays, 9:15 am - 1:30 pm

October 11, 2024 Rhapsody in Blue \$32

Jader Bignamini- conductor, Wayne Marshall - piano. Bernstein Symphonic Dances from *West Side Story*, Gershwin *Rhapsody in Blue*, Coleridge-Taylor *Othello Suites*, Verdi Ballet music from Act III of *Macbeth*, Tchaikovsky *Romeo and Juliet Overture-Fantasy*. Cost includes transportation via ROSC Smart bus and admission. Registration deadline Sept. 27.

December 6, 2024 Ellington and the Nutcracker \$32

Jader Bignamini - conductor, Ray Chen - Violin. Carlos Simon *Four Black American Dances*, Barber *Violin Concerto*, Tchaikovsky Selections from the *Nutcracker Suite*, Tchaikovsky/Ellington/Strayhorn *The Nutcracker Suite*. Cost includes transportation via ROSC Smart bus and admission. Registration deadline: Nov. 22.

Detroit Symphony Orchestra POPS Matinee Concerts Fall 2024 Fridays, 9:15 am - 1:30 pm

November 15, 2024 Under the Streetlamp \$51

Enrico Lopez-Yanez - conductor. Former cast members from the hit musical *Jersey Boys* match tight harmonies and slick dance moves with old school hits by the Drifters, Roy Orbison, Nat King Cole, the Beach Boys and The Beatles, plus a show-stopping celebration of Frankie Valli and the Four Seasons. Cost includes transportation via ROSC Smart bus and admission. Registration deadline: Nov. 1.

December 13, 2024 Home for the Holidays \$60

Enrico Lopez-Yanez - conductor. Enjoy one of the best holiday traditions in Detroit. The DSO and special guests play all of your favorites inside the warm and wonderful Orchestra Hall. Make the season bright and create memories of a lifetime. Cost includes transportation Via ROSC Smart bus and admission. Registration deadline: Nov. 23.



Heaven and Hell \$102 Wednesday, September 18 8:30 am - 5:15 pm Bianco Tours

This tour starts out in the Heavenly Scent Herb Farm, a 1910 barn, painted to look like 3 European store fronts, where you will be surrounded with beautiful colors and stunning fragrances as you stroll through ten differently themed gardens. Lunch will be at Lucky's Steakhouse and then it is off to Hell, Michigan, where an official Hell guide will conduct a spirited light-hearted tour of Hell! After the tour, indulge in a scary treat at Screams Ice Cream, while browsing the finest masks and Halloween decorations in the world. Cost includes transportation via motorcoach, tour of Hell, Lunch. Registration deadline: September 4, 2024.



Detroit Institute of Arts \$5 Thursdays, 12:15 - 3:30 pm Thursday, Sept. 19 - Guided tour Thursday, Nov. 21 - Film/musical event Thursday, Dec. 12 - Guided tour

The world-renowned Detroit Institute of Arts remains open to visitors, serving as a place for inspiration, calm and respite. Our visit is a millage benefit for tri-county (Wayne, Oakland, and Macomb) residents and includes museum admission, bus transportation, a guided tour or musical performance, and a coupon for a free coffee at the Café DIA. 25- person minimum. Registration deadline: 2 weeks prior to the event date.

Fall Foliage and Fun/ \$154 Wednesday, October 23

7:30 am - 4:30 pm Rybicki Tours

Take a fall trip to Lansing, Michigan and enjoy some history as well as scenic boat-ride down the Grand River. Visit the Michigan History Museum and take a journey through Michigan's rich past starting with its first people the Anishnaabe. Next up, a Fall Color Lunch Cruise down the Grand River. The Michigan Princess Riverboat is an authentic, Victorian Style Vessel and has become an icon in the Lansing area. Tickets include the cruise, live music and a bountiful lunch buffet. Enroute home, you will be stopping at Blake Farms South Lyon, for some delicious cider and donuts. Cost includes transportation via modern motorcoach, museum admission, Michigan Riverboat cruise and lunch, cider and donuts. Registration deadline: September 23, 2024.

Meadow Brook Theatre Strangers on a Train \$56 Wednesday, October 30

1:00 - 5:00 pm
Guy Haines and Charles Bruno meet on a train and because they are strangers, they think they can say anything while chatting. Bruno suggests that they could get away with murder-he could kill Guy's unfaithful wife while Guy could eliminate his hated father. Guy does not take him seriously, but Bruno is deadly serious. The basis of the classic film by Alfred Hitchcock which starred Farley Granger and Robert Walker. Cost includes transportation and admission. Registration deadline Sept.10, 2024.

Harvest Adventure \$112 Wednesday, October 29

10:45 am - 4:30 pm Bianco Tours
Leave the hustle and bustle of city life behind and join us for a day of sunshine, where old-fashioned values and family fun are still part of the tradition. Enjoy a wagon ride through the Westview Orchards and Winery, taste some wine and bring back a bag of fresh picked fruit. Lunch will be at the historic White Horse Inn in Metamora. Cost includes transportation via motor coach, lunch, wagon ride, wine tasting and fruit bag. Registration deadline: October 11, 2024.

More Day Trips on page 20

Day Trips

continued from page 19

Firekeeper's Casino **\$60**
Thursday, November 7
8:15 am - 6:45 pm

Playing with fire is about to get way more fun! With over 2,680 of the latest slot and video poker games, 78 table games and five sizzling restaurants to choose from! Receive a \$25 slot credit and \$5 for food, slot play or gift shop, on a fun-run to our favorite casino! Cost includes transportation via motor coach, \$25 slot credit and \$5 for food, slot play or gift shop. Registration deadline: Oct. 24, 2024.

Meadow Brook Theatre
A Christmas Carol **\$50**
Wednesday, December 4
1:00 - 5:00 pm

A Christmas Carol by Charles Dickens, everyone's favorite holiday classic, captivates audiences with the tale of a mean-spirited miser and the ghosts that haunt him. Celebrating 42 years of Holiday Magic at the Meadow Brook Theatre. Cost includes transportation via ROSC smart bus and show admission. Limited seating. Registration deadline: October 18, 2024.



Nutcracker! Magical Christmas Ballet **\$184**
Sunday, December 8
1:00 - 6:45 pm **Rybicki Tours**

Nutcracker! Magical Christmas Ballet returns to the Detroit Fox Theatre with performances that bring holiday magic to life and create unforgettable memories for all ages. Celebrate America's favorite Christmas tradition with an international all-star cast. Before the show, enjoy lunch at Andiamo's Detroit Riverfront in downtown Detroit. Please note this is a Sunday trip, and the Senior Center will Not be open. Cost includes transportation via modern motorcoach, lunch and performance. Registration deadline: November 1, 2024.

Holiday Church Tour **\$113**
Tuesday, December 17
9:30 am - 5:00 pm **Bianco Tours**

Enjoy the Christmas season while touring two historic churches in Detroit. This tour includes the Trinity Lutheran Church, with its 22-foot Christmas tree, as well as The First Congregational Church of Detroit (Guided Tour), built in 1891 at the peak of the Victoria Era, patterned after churches found in Venice and Ravenna. Lunch will be classic Italian at Detroit's oldest Italian restaurant, Amore de Roma Café. End the day with a visit to Shatila, a Middle Eastern style bakery, and indulge in one of their artisan pastries. *Please note: there is a lot of walking and steps involved in this tour.* Cost includes transportation via motor coach, tour, lunch, and dessert. Registration deadline: Dec. 3, 2024.

Extended Trips

Hallmark Christmas Town **\$450 pp/DBL**
December 3-4, 2024 **Bianco Tours**

Catch the Christmas spirit as you take part in this fun Holiday Tour! You will start off at the Castle Noel in Medina, OH, where you will have a 2-hour guided tour of America's largest Christmas entertainment attraction, including Santa Claus Mountain, a two-story high replica of the Santa summit and slide from the film *A Christmas Story*. From there you will have a Pennsylvania-Dutch inspired meal at Das Dutch Haus Restaurant. After dinner take a ride through the Firestone Park Joy of Christmas Holiday Lights Display. Day two starts with breakfast at the Hotel and shopping on your own, or a visit to the Arms Family Museum, for the memories of Christmas Past. Finally enjoy the lunch matinee show of *The Christmas Waltz*, before heading home. Cost includes: Transportation via deluxe motorcoach, overnight accommodations at Best Western Plus Dutch Haus Inn and Suites, 1 breakfast, 1 lunch and 1 dinner, and admission to all featured events. \$20 deposit due at registration. Balance due and registration deadline: Oct. 18, 2024.

New York Holiday **\$2,244 pp/dbl**
December 3-7, 2024 **Bianco Tour**

Experience the magic of the holidays in New York City! Spend 4 nights at the Comfort Inn Manhattan Midtown West, just a few Blocks away from Times Square! Take a guided tour of Grand Central Station, and then shop at Grand Central's 2024 Holiday Fair, NYC's longest running indoor Holiday Fair. Visit the Empire State Building and take in the lights of NYC on a Holiday Lights Tour. Day 3 includes a self-guided tour of St. Patrick's Cathedral and the Radio City Music Hall Rockettes Christmas Spectacular. The next day enjoy behind-the-scenes access to your favorite shows during the NBC Studio Tour, and then shopping and lunch at the Winter Holiday Market. A visit to the USS Intrepid Aircraft Carrier from WWII rounds out the afternoon before dinner on 42nd Street. Cost includes transportation via deluxe highway motorcoach, accommodations, 4 breakfasts, 3 dinners and admission to all featured attractions and guided tour. \$50 deposit due upon registration. Balance due and registration deadline: October 4, 2024.

If you need special accommodations for travel, it is your responsibility to let us know upon registration.

Please call or visit Mahany/Meininger Center to register for all trips and see the complete list of trips offered. Overnight trips do offer rates for single rooms and triple rooms.

All prices and travel agent terms and conditions are notated on the trip flyers.

Welcome Newcomers

1st Monday, 10:30 am
Sept. 9 (2nd Monday), Oct. 7,
Nov. 4, Dec. 2
FREE

Here's your chance to acquaint yourself with the programs and services available at the Mahany/Meininger Senior Community Center. Learn how to register for classes, trips, programs, and meet the staff. **Call ahead to register.** Need a ride from your R.O. home? Call 248-246-3914.

Billiards

50¢ / day drop-in
\$3.00 / month unlimited

Two pool tables are located in the game room at the Mahany/Meininger Senior Community Center. Pool may be played Monday through Friday from 9:00 am - 4:30 pm.

Join the Pool Party!

Mondays, Wednesdays & Fridays
1:00 - 4:00 pm

A great group of regulars want to welcome new members. Stop by and play!

Drop-In Cards

Rubber Bridge
Mondays, 12:15 pm
\$1.00

Drop-in with a partner to play Rubber Bridge. Come early if you have no partner and we will try to pair you up.

Pinochle
Tuesdays, 12:30 pm
\$1.00

Drop-in for Pinochle and meet new friends.

Duplicate Bridge
Wednesdays, 12:15 pm
\$2.00

Drop-in with a partner to play Duplicate Bridge. For more information, visit roduplicatebridge.org.

Euchre
Thursdays, 12:30 - 3:30 pm
\$1.00

Drop-in to join experienced players who like to play Euchre. Play 8 rounds of cards.

Crochet Creations

Thursdays, 12:00 pm
 Join this group for an afternoon of stitching your personal work in progress; pattern discussion; and/or help reading a pattern or learning a new stitch. Beginners are welcome, we will teach you how to crochet. Several times a year, the group jointly creates projects to give back to the community. No fee.

Helping Hands

Tuesdays & Thursdays, 9:30 am
 Do you like to knit or crochet? This group creates beautiful hats, scarves, lap blankets, and afghan blankets and donates them to Beaumont Hospital, local churches, and other charitable organizations in the area. Feel free to drop-in. Beginners up to expert crafters are welcome!

Senior Sew

Tuesdays at 10:00 am
 Come join us for a day of hand quilting, machine piecing quilt tops and socialization. If you're new and just getting started, we are happy to help. Bring sewing machine and your project. Drop-ins welcome. No fee.

Sit 'n Knit

Tuesdays, 1:00 - 3:00 pm
 Come join in as we knit and visit! Share work in progress, tips and "show and tell" finished projects. A relaxing visit with others who share your love of knitting or a little knitting help. All knitters welcome, beginners and experienced.

Friday Recreational BINGO!

1st Fridays at 12:30 pm
Sept. 6, Oct. 4, Nov. 1, Dec. 6
Preregister by phone or in person
 Royal Oak Senior Community Center hosts Friday Recreational BINGO. First Card FREE, all additional cards are 25¢ each (MAX 5 extra cards). Format is 5 regular games with prizes and one coverall round with a Grand Prize of \$5.00. Fall Bingo prizes are sponsored by Debbie Spencer REALTOR® AT Properties Realty. Join us for lots of fun!

Bingo is conducted solely for the amusement and recreation of the ROSC guests. Any and all revenue from Bingo is used towards future Bingo Coverall cash prizes.

Kerry Price Sing-Alongs

3rd Fridays, 12:30 pm
Sept. 20 - All in a Day's Work
Oct. 18 - Give a Cheer!
Nov. 15 - Thanks for November
Dec. 20 - Your Favorite Holiday Songs*
\$2.00 per performance CASH ONLY
 Don't miss these musical programs written and performed by **Kerry Price**, sure to be both entertaining and educational. Ms. Price, a popular vocalist and pianist, has delighted audiences with her one-woman programs since 1976! Admission payable at the door. * *December Sing-Along FREE!*

Square Dance Fall Celebration

Friday, Sept. 27
7:00 - 9:00 pm
\$10.00 per person
RSVP by Sept. 23

Led by square dance caller, Walt Zatorski, participants will learn basic steps. All levels are welcome. Advanced dancers will teach beginners. Great exercise! Cider, donuts, coffee, tea and water will be served. Call 248-246-3900 to RSVP.



Mah Jongg Drop-In

Tuesdays, 1:00 - 3:30 pm
Wednesdays, 9:30 am - 12 noon
Fridays, 9:30 am - 12 noon
50¢

Experienced players may drop in and play on Tuesday afternoons, and Wednesday and Friday mornings. Players must follow National Mahjongg League rules only.

Mah Jongg Beginner Class

Thursdays, 1:00 - 4:00 pm
Nov. 7 - Dec. 5 No class Nov. 28
\$50/4 weeks

For all beginning students or those wanting a refresher. Instructor Robin Kaufman grew up watching her mother play Mah-Jongg and developed a love for the game in her adulthood. Come well-rested and with a clear head – there is a lot of information to absorb in the first class! The National Mah-Jongg League rules are followed. \$14 Materials fee payable to the instructor at the first class. Don't wait to sign up – 8-person maximum. Registration deadline: Oct. 24.

Foot Doctor

2nd Friday, every other month

By appointment only, 9:00 - 10:45 am

Sept. 13, Nov. 8

Dr. Adas will see patients at the Senior Center for your convenience. Most services will be covered by insurance. Call Dr. Adas' office directly at **248-478-6870** and tell them you want an appointment at the Royal Oak Senior Community Center.

Massage Therapy

By appointment only

30-minute massage \$35

60-minute massage \$60

Licensed massage therapist Heidi offers Swedish massage, stretching and relaxation techniques which help alleviate muscle tension, stress and nerve pain. Massage also improves circulation, promotes well-being and increases overall energy. Please call the center for an appointment: 248-246-3900. Books up fast!

M/M Book Clubs

1st Thursdays, 11:00 am - 12:30 pm

Contact volunteer Reyes, 248-545-6064

4th Fridays, 10:00 - 11:30 am

Contact volunteer Doris, 248-586-0045

We are now offering two well-attended groups! In partnership with the **Royal Oak Public Library**, we offer readers the opportunity to explore novels or nonfiction titles together. Don't worry about driving at night to typical book club gatherings!

Need a library card? Go to **ropl.org/1063/Apply-for-a-library-card**

Have you signed up for a Kiosk Key Tag?

My Senior Center software allows us to keep accurate numbers who take part in our numerous classes, activities, events and more. By swiping in with your tag, we can continue to provide you with the low-cost, unique programming we love to offer. If you are a current participant, it is recommended that you update your profile with your most current contact information. Please ask a staff member for assistance when you visit the Mahany/Meininger Senior Community Center.

South Oakland Art Association *Since 1960*

1st Tuesday of each month at the M/M Community Center

(Unless holiday falls on 1st Tuesday)

Sept. 10, Oct. 1, Nov. 12, Dec. 3

6:30 - 9:00 pm

\$5.00 fee; Annual dues \$30.00

Artists and art lovers are welcome! Monthly meetings September through June feature speakers, demonstrations, paint-togethers and art-related activities for adults of all ages. Enjoy Artist-of-the-Month Contests and participate in our Annual Member Art Show & Sale (November 2-16, 2043).

For more information, visit southoaklandart.com or email roac.carol@gmail.com

South Oakland Art Association Events

AROUND TOWN & ABOUT

Sept. & Oct. – SOAA Member Art Display

Southfield Public Library, Evergreen Rd., Southfield

Oct. 4-6 – Plein Air Extravaganza throughout Royal Oak

All Artists welcome. Check-in Friday, Oct. 4.

Paint outdoors around Royal Oak through Sunday, Oct. 6.

Present framed finished work evening of Sunday, Oct 6.

To be displayed at the Royal Oak Historical Museum

Nov. 2-16 - SOAA Annual Art at the Museum Show & Sale

Royal Oak Historical Museum, 1411 Webster @ Crooks

Grand Opening Celebration – Sunday, Nov. 3 – 2-5 p.m.

Museum Hours: 1:00 - 4:00 pm, Sat., Tues., & Thurs.

Helping Hands Preview Sale

Thursday, December 5, 9:30 am – 11:30 am

M/M Community Senior Center, Room # 3

Trendy, unique, one-of-a-kind handcrafted items to purchase as gifts or pamper yourself. This is your chance to see the items before the Holiday Craft Sale. Cash or Checks only.

Holiday Craft Sale

Friday, December 6, 9:00 am - 4:30 pm

Saturday, December 7, 9:00 am - 2:00 pm

A returning event held in the past Spring will allow local artists and crafters to rent a table and share their talents with the community. Contact the M/M Senior Center to ask for tables to rent and pricing. Mark your calendar to buy items for the holiday season. Give them away or keep for yourself. Last Spring we showcased candle makers, knitters, crocheters, sewn bags for travels, wood workers, jam makers, and book authors.

Computer Club

2nd & 4th Wednesdays, 12:30 pm

Calling all beginner to experienced computer and tech enthusiasts. All levels are welcome to join our growing club; no membership required, drop in anytime! Guest speakers discuss various tech topics covering computers, cell phones, tablets, smart TVs, etc. There is always time for questions and answers so bring your tech questions. Check the *Times* Newsletter for topics and speakers. Donations accepted.

Ask the Computer Lady!

Tuesdays

11:00 am - 12:00 pm

12:15 - 1:15 pm

1:30 - 2:30 pm

\$35 / 60 minutes

Have your questions ready for Marta and be ready for an informative one-on-one session. Bring your laptop or Kindle, your Mac, Tablet, Android or iPhone, and learn how to check your email or make sure your security is up to date. Call ahead to register and pay: 248-246-3900.

China Painting Class

Mondays, 1:00 - 3:00 pm

Oct. 7 - Nov. 11

\$55 / 6 weeks

\$20 cash for supplies

Barb Ulrich has 50 years of experience painting images on china. Students will paint three to four 6 x 6-inch tiles, with two brushes and paint provided. Once the class is over, she will fire them in her kiln. Students can arrange to pick up the fired pieces once they are returned to M/M Senior Community Center. Call 248-246-3900 to RSVP.

NEW!

Mini Makers aka Wee Bees

1st Mondays, 10:00 am - 1:15 pm

Sept. 9, Oct. 7, Nov. 4

Room 3 FREE

Do you like making miniatures or want to learn more about it? This group meets monthly to make projects that are "doll-house scale" or smaller. Feel free to drop-in to check us out! There may be materials costs or tools needed for some projects. No fee to attend. (If the building is closed for a holiday, we'll meet the next Monday.)

Miniature and Crafting Supplies Sale!

M/M Center

Thursday, Oct. 10, 11:00 am - 4:30 pm

Friday, Oct. 11, 11:00 am - 3:30 pm

CASH ONLY

Highly talented crafters from our group have TOO much and created a sale to clear out their inventory. Some items are ready to use as gifts while others are supplies to get your project going. Come see for yourself!

Senior Crafting with Susan Robb

Friday, Oct. 4, 10:00 - 11:30 am

\$7 + \$10 cash for supplies per person

Susan Robb returns to the M/M Senior Community Center to teach seniors how to make a beautiful fall centerpiece. This black wire, shaped like a pumpkin will hold silk flowers and a battery votive candle. It will be adorned with a raffia bow. It will last for years as your fall decoration around your home. Preregistration is required one week prior to class; max. of 10 people. Bring \$10 cash the day of the class for supplies provided by teacher.

Grand and Me Crafting

Tuesday, Oct. 8, 4:30 - 6:00 pm

\$7 + \$5 cash for supplies per person

Grandparents and their beloved grandchildren now have a structured craft to complete together. Each will get their own craft to take home. This fall it will be a painted pinecone picture frame. Susan Robb has over 30 years of experience teaching at Four Seasons Preschool. She never disappoints in a craft that is beautiful, somewhat challenging but still welcomes all ages to make. RSVP grandparent and all grandchildren who will attend.



NEW!

The Classic Braider

Saturdays, 10:00 am - 12 noon

Oct. 19 - Nov. 23

\$250 / 6 weeks + \$50 cash material fee due first day of class

Have you always wanted to learn how to braid? Join The Classic Braider Workshop led by Chloè Wilson, a licensed Cosmetologist and Master Braider. Chloè has 15 years of professional experience on all hair types and seeks to inspire others through the art of hair braiding. You'll learn basic techniques for braiding such as proper parting, plaits, French braiding and adding extensions. This class is perfect for beginner and intermediate braiders, giving you the confidence to design trending braid styles on friends, family, and yourself. Students will get to keep their mannequins.

Band Jam and Vocals

Every Friday 1:00 - 3:00 pm

\$1 per person to play or to listen

Come sing and/or play at the Royal Oak Jam Session. All talent and skill levels of voice and instruments are welcome. Bring your instrument or vocal chords! A vast range of songs (new ones submitted by attendees). Everyone participates and everyone chooses songs. Text messages to volunteer group leader Jim for inquiries at 248-302-6036.

Painting – All Media

Thursdays, 9:15 - 11:45 am

Sept. 12 - Oct. 31

\$65 / 8 weeks

Nov. 14 - Jan. 2, 2025

\$48 / 6 weeks

No class Nov. 28, Dec. 26

Explore the exciting art world of watercolor or acrylic painting with instructor John Rash! Beginners through advanced artists will work in beginning to finishing techniques. A supply list is given at sign-up for those without any of their own supplies. Preregister.

Watercolor Painting

Friday mornings, 9:15 - 11:45 am

Sept. 13 - Nov. 1

\$65 / 8 weeks

Nov. 15 - Jan. 3, 2025

\$48 / 6 weeks

No class Nov. 28, Dec. 26

Wednesday evenings, 6:15 - 8:45 pm

Sept. 25 - Oct. 30

\$48 / 6 weeks

Nov. 13 - Dec. 18

\$40 / 5 weeks

No class Nov. 27

Explore the exciting art world of watercolor painting with instructor John Rash! Beginners through advanced artists will work in wet-on-wet through to finishing with techniques that include dry brush. A supply list is given at sign-up for those without any of their own supplies. Preregister.

Creative Coloring

1st and 3rd Mondays, 10:30 am

Sept. 16; Oct. 7 & 21; Nov. 4 & 18

\$2.00 materials fee per class

Creative Coloring is at the Royal Oak Senior Center. Explore the coloring craze and make coloring your NEW hobby! Choose from large patterns and designs on professional card stock that will challenge your brain in fine motor movement and detail. Socialize and connect with other color artists in a relaxed atmosphere and create a masterpiece suitable for framing.

Japanese Sushi Education & Tasting with Takayuki Sakaguchi

Mondays, 5:30 - 7:00 pm

Sept. 23, Oct. 21, Nov. 18, Dec. 2

\$42 per class

Learn the proper techniques of sushi making with the former manager of Noble Fish. Taste your works of art as you go and leave with the knowledge to make sushi at home!



"Cooking for One" Demonstration with Chef Maurita Plouff

Tuesday, Oct. 15, 6:30 - 8:30 pm

Tuesday, Nov. 19, 6:30 - 8:30 pm

Cost \$40 per person

Minimum age 14

Minimum class size 6; maximum 16

Must RSVP 3 days prior to class

Cooking for just yourself? You don't have to make a huge pot of stuff. Join Maurita Plouff, retired personal chef, at the Royal Oak Senior Center. She will teach you how to cook scaled down: one, at most two, servings.

You will learn tips for shopping for one, and for reducing kitchen waste. We'll discuss good equipment for the small-batch kitchen, guidelines for food storage and clever uses for any leftovers.

This is a demonstration class. Each evening, several recipes will be prepared, with samples to taste. Bring a notebook and pen if you'd like to take notes. All the recipes will be provided so you can cook your own delicious food at home.

CAUTION: All major food allergens will be present if you have food sensitivities.

Soup and Salad with the Super

Wednesday, Sept. 25, 11:30 am

M/M Community Senior Center

This special event offers you the chance to share a meal and engage in conversations with the Superintendent of Royal Oak Schools and the Royal Oak High School Class of 2025 Seniors. Call 248-246-3900 for information and registration details.

Chocolate Indulgence Cooking Class with Chef Maurita

Wednesday, Oct. 23, 6:30 - 8:30 pm

Wednesday, Nov. 6, 6:30 - 8:30 pm

Cost \$40 per person

Minimum age 14

Maximum class size 5

Must RSVP 3 days prior to class

If you love chocolate, then this is the class for YOU! A commercial kitchen and hands-on experience with chocolate we will make a tiny version of a flourless chocolate 6-inch torte. It will be gluten-free. The chef will supply the ingredients, a reusable metal torte pan and heatproof spatula. Torte will serve 2 individuals or 1 "pigggy" chocolate lover.

What to bring or wear:

- Apron
- Potholders (2)
- Medium mixing bowl - must be microwave-safe
- Measuring spoons
- 1/3 and 1/4 cup measuring cups
- 6-8 oz sealed container (to take home glaze ingredients)
- Wear closed-toe shoes
- Hair tie-back

We will supply:

- All ingredients
- 6" pan (and parchment liner)
- Silicone spatula



"I Remember..." Poetry Workshop with Roberta Brown

Tuesday, Oct. 15, 10:00 - 11:30 am

M/M Community Center Library

\$2.00*

Back by popular demand! Join Royal Oak Artist Laureate, Roberta Brown, for a fun, relaxing hour of writing our memories in poetry form. No previous experience needed, just bring your fond recollections of your life, and we'll put them to paper. Examples of "I Remember..." poems will be shared, and writing materials for you to keep will be supplied, including the official Royal Oak Commission for the Arts pen and notebook!

**This workshop is FREE for active Senior Center Volunteers and \$2.00 for everyone else. RSVP is appreciated.*

Writing the Zuihitsu Form with Roberta Brown

Tuesday, Nov. 9, 10:00 - 11:30 am

M/M Community Center Library

\$2.00*

Roberta Brown, Royal Oak's Artist Laureate in Poetry will lead a writing workshop on Zuihitsu, a Japanese genre translated as "following the brush". Our theme will be "Things That Brind Me Joy". We will write a list of those things in sentences and fragments. A free notebook and pen will be provided for each participant. This workshop is FREE for active Senior Center Volunteers and \$2.00 for everyone else.

**This workshop is FREE for active Senior Center Volunteers and \$2.00 for everyone else. RSVP is appreciated.*

Mahany/Meininger Center Presents

Free Talk on Advanced Directives: Make Your Healthcare Wishes Known

Friday September 13, 10:00 am

Join Hospice of Michigan for an informative workshop on Advanced Directives. Critical medical issues will happen when you least expect them. Good, thoughtful pre-planning will prevent stress and help avoid confusion and uncertainty for the patient, their families, and medical staff.

We all want to do the right thing, but if you or your family members are not able to voice their final wishes, it's not always clear what the right decision should be. Attending an advanced care planning workshop to get your advanced care planning process started.

Join us for a talk and light refreshments. Must RSVP by Sept. 9.

Retirement Planning Fundamentals

Tuesdays, Sept. 17 and 24, 6:30 - 8:30 pm

Thursdays, Sept. 19 and 26, 6:30 - 8:30 pm

\$39.00 per registration (spouse, decision-maker or partner, free)

An educational course for adults who are nearing retirement, already retired, or in the process of accumulating money for retirement. The course will help you develop money management skills that can last a lifetime, focusing on retirement planning, 401(K) and pension plans, tax savings strategies, investments, Social Security and Medicare, long-term care, and estate planning. Classes fill quickly. Preregister by calling 248-246-3900. Deadline to register is two days before the start of class or when class is full.

AARP Smart Driver TEK Workshop

Friday, Sept 20, 10:00 am

Smart Driver TEK is a 90-minute workshop offering an interactive way to stay up to date with the latest safety technology in your current or future car. Learn all about what new technologies are available, how they work, and how they can improve your peace of mind on the road. Register today and tell a friend -it's FREE! RSVP by calling 248-246-3900 by Sept. 13.

The Inevitable - Dodging the Darts of Life with Charlene Kemp*

October and November dates TBA; call 248-246-3900 to inquire \$30

In this class you will learn strategies for coping with;

- Grief of a loved one
- Unexpected diagnosis
- Loss of a Job
- broken marriage/relationships
- Financial loss



We will learn the different types of coping skills and how to apply them to everyday situation. Healing turns to happiness. Invest in yourself. I look forward to being a part of your healing journey.

**Topics of a sensitive and graphic nature related to traumatic experiences will be discussed.*

Brain Health Presentations by Allegria Village

**Part 1 - Learn simple ways to improve memory and brain health!
Friday, Oct 18, 10:00 -11:30 am**

Shake up your brain with fun. RSVP by Oct. 11.

Part 2- Lean Simple Ways to Improve Brain Health

Friday, Oct 25, 10:00 – 11:30 am

The difference between normal forgetfulness vs. more serious concerns / Reversible vs. irreversible dementias, & Alzheimer's. / Life Habits for Improved Brain Health. This program is informative and engaging. Light refreshments were provided. Call 248-246-3900 to register by Oct. 18.

Coffee with a Veteran

Friday, Nov. 8, 10:00 am – 12 noon

Please join us for a morning of camaraderie, refreshments, and veteran resources. The event will take place at the Royal Oak Senior Community Center. Representatives from the MVAA and Easterseals MORC Veterans Services Team will be on-site to answer questions regarding VA benefits, Veterans Resources, and MVAA services.

The event is for all current and prior military service members (Active and Reserve), veterans, and their families. This free event will include coffee, donuts, a raffle, and a door prize. Space is limited; please call 248-246-3900 to RSVP by Nov. 4.

Join us for our Veterans Day Lunch: “We Thank You for Your Service”

Monday, Nov. 11 at 11:30 am

The Royal Oak Senior Community Center is offering a free dine-in meal and presentation for all current and prior military service members (active or reserve). Please call 248-246-3900 to RSVP by Nov. 4. When you call, kindly provide us with your branch of service. We look forward to honoring you!

AARP Tax Assistance is Returning

The talented and skilled tax preparers who volunteer to complete and e-file your taxes are returning to the M/M Community Senior Center! They will offer day and evening appointments to fit into any busy schedule. The *TIMES* monthly newsletter is the best way to stay up-to-date on when appointments will be taken. The process will be the same as prior years. We will advertise a window of days and times volunteers will take phone calls to set appointments. We also accommodate in-person appointments at the M/M Community Center. We are very lucky to have this dedicated and knowledgeable team back in our community to assist.

AARP Safe Driver Classroom Course

AARP members, \$30; Nonmembers, \$35

November dates to be released, call 248-246-3900 to inquire.

AARP member or not, this two-day classroom course is designed to teach seniors the best practices for operating a motor vehicle. We have offered this class for several years and each time seniors gain valuable knowledge to equip themselves behind the wheel. Payment is required with RSVP.

Lunch and Learn Series

Receive a free lunch for all whom pre-register and attend a presentation. **Presentation is from 11:30 am to 1:00 pm.** Out of respect for the presenter, please remain for full presentation and silence all phones during workshop. Please, no carry-outs.

If you sign-up for a Lunch and Learn and fail to show up or call to cancel two times in a calendar year, you will not be permitted to sign-up for any Lunch and Learn sessions for the remainder of that year.

Questions on Cremations Tuesday, September 10

Presenter: A.J. Desmond and Sons Funeral directors

What does cremation entail? Can I have a traditional visitation before I'm cremated? What can be done with my cremated remains? Can my cremated remains be mailed to loved ones? Can more than one cremated remains be buried in one cemetery plot? What if I die while on vacation or away from home? Can I still be cremated? Is cremation less or more expensive than burial?

RSVP by August 30; call 248-246-3900.

Importance of Annual Enrollment Period Tuesday, September 24

Presenter: Medicare Advisor, Mark Steffens

The Medicare Annual Enrollment Period (AEP) runs from October 15-December 7 each year. During AEP, Medicare recipients can evaluate their current coverage and make changes. How does AEP differ from Special enrollment or Advantage open enrollment? Join Mark for lunch and hear why you should pay attention to this annual event.

RSVP by September 16; call 248-246-3900.

ABCs Of Medicare Monday, October 7

Presenter: Nathan Lawson of The Affinity Group

This is your opportunity for free unbiased information. When will I be able to enroll or make changes? What are the 4 essential parts of Medicare- A, B, C, D. How do I make sure I can keep my doctor? What is a Medigap plan?

RSVP by September 30; call 248-246-3900.

Senior Life Advisor – Your Trusted Advisor Panel Tuesday, October 8

Presented by Senior Life Advisor Council

A distinguished team of trusted advisors dedicated to addressing questions and offering essential resources and solutions to the senior community. Professional Advisors: Independent Living, Assisted Living, Memory Care, Financial, Medicare, Funeral Planning, Moving Care Transition, Organizing, Rehabilitation PT, Home Health Care, Hospice, Private Duty, Law, Power of Attorney, Estate Planning, Respite, Occupational Therapy.

RSVP by September 30; call 248-246-3900

Estate Planning Monday, October 21

Presented by Eric S. Glick

Join Eric S. Glick, Esq. for a workshop on practical and cost-effective strategies to manage and distribute your financial affairs according to your wishes. Gain valuable knowledge on Revocable Living Trusts, Last Will and Testaments, Durable Powers of Attorney, and Patient Advocate Designations. Take control of your financial future.

RSVP by October 14; call 248-246-3900.



Meditation for Stress Reduction and Relaxation with Brett Koon

Tuesdays, 7:00 - 8:00 pm
Sept. 3, 10, 17 and 24

\$10 drop-in per session (cash only)

Brett has 31+ years of experience in practices of mindfulness. He is an inspirational speaker, meditation guide and has lead retreats. Class will be sitting in a chair, as he teaches how to block out the noise, find peace and become calm. Soothing music is played in background. Ages 18+ and older please.

Meditation with Brian Black

Wednesdays, 7:00 - 8:00 pm
Sept. 11 - Oct. 9

Oct. 16 - Nov. 6

Nov. 13 - Dec. 18 *No class Nov. 27*

\$50 / 5 weeks or \$10 drop-in (cash only)

Brian Black has been a meditator for over 40 years. He is an ERYT (experienced yoga teacher), inspirational speaker, author, musician, and retired therapist and clergyman. In the East, they say the mind is like a monkey. To keep it from chattering all day long, we practice stilling it. Here in the West, meditation is well known as a technique to reduce stress and anxiety while research shows that it may also help enhance your mood, promote healthy sleep patterns, and boost cognitive skills.

Chair Exercise with Cindy

Wednesdays, 9:30 - 10:15 am
Sept. 4 - Nov. 6 No class Oct. 9
\$63 / 9 weeks

Dec. 4 - Dec. 18
\$21 / 3 weeks

Fridays, 9:30 - 10:15 am
Sept. 6 - Nov. 8 No class Oct. 11
\$63 / 9 weeks

Dec. 6 - Dec. 20
\$21 / 3 weeks

Improve your aerobic capacity, strength, balance and flexibility, doing a variety of fun exercises to music you will love! This class is designed to work gently but effectively on every area of the body, as well as emphasize posture, coordination, and fall prevention. It is appropriate for those who have joint limitations, as well as for anyone who prefers a mostly-seated workout. Wear comfortable clothing and shoes, and bring a water bottle and hand-held weights, if you wish. Instructor – Cindy Erlandson.



Chair Yoga with Cindy

Wednesdays, 10:30 - 11:15 am
Sept. 4 - Nov. 6 No class Oct. 9
\$63 / 9 weeks

Dec. 4 - Dec. 18
\$21 / 3 weeks

Fridays, 10:30 - 11:15 am
Sept. 6 - Nov. 8 No class Oct. 11
\$63 / 9 weeks

Dec. 6 - Dec. 20
\$21 / 3 weeks

This class consists of three 15-minute sections: first and last are performed seated, the middle section is performed standing using a chair for balance. Focus: breathing, relaxation, stretching for flexibility and balance practice, which also increases muscular strength. Instructor – Cindy Erlandson.

Drop-in Line Dancing

Fridays, 1:00 - 3:00 pm
\$3.00

This class consists of beginner and high beginner dances for those who **have some line dance experience**. Dances are done not just to country music but to many genres including pop, rock, oldies, Latin and Irish music. So come and join our line dance family for some fun and great exercise. Your body and mind will thank you for it! **NO BOOTS. MUST HAVE SOME EXPERIENCE.** Instructor-Jeannette Forster



Social Square Dance

Mondays, 1:00 - 3:00 pm
Drop-in, \$7.00 per class, CASH ONLY

This growing group continues led by Walt Zatorski, is gaining participation with each week they are here at the M/M Center. They have even hosted the entertainment for a dinner dance! No partner needed, professional caller Walt will make you laugh, dance, and make new friends. All skill levels welcome. New to square dance? The advanced dancers will help you learn. Please no hard sole boots that will mark the flooring.

Tai Chi Chen Style with Han

Thursdays, 9:15 - 10:00am
Sept. 12 - Dec. 5
\$84 / 12 weeks No class Nov. 28

Tai Chi Basic exercises are for beginner and continuing students. The class will include Tai Chi warm-up, gentle stretching, Tai Chi walking and silk reeling, and section one of Chen Style Tai Chi old form.

Gentle Yoga

Mondays, 10:00 - 11:00 am
Sept. 9 - Oct. 21 \$49 / 7 weeks
Oct. 28 - Dec. 16 \$56 / 8 weeks

Mondays, 1:00 - 2:00 pm
Sept. 9 - Oct. 21 \$49 / 7 weeks
Oct. 28 - Dec. 16 \$56 / 8 weeks

Thursdays, 1:00 - 2:00 pm
Sept. 12 - Oct. 24 \$49 / 7 weeks
Oct. 31 - Dec. 19 \$36 / 6 weeks
No class Nov. 28

Yoga creates many benefits in your overall health and wellness. Improve your strength, flexibility and sense of well-being with breath awareness and movement. Relax and rejuvenate to look and feel better. Please preregister. Instructor Noreen Daly.

Please note, there is no Thursday morning Gentle Yoga class in the fall.

Zumba Gold Toning®

Fridays, 12:00 - 1:00 pm
Drop-in, \$6 CASH ONLY

Join Debbie as your instructor for a group class with lots of positive body movements. Wear comfortable clothing, athletic shoes and bring a bottle of water. On pleasant weather days the class is held outdoors. She will entertain you with her personality, get your blood pumping and teach you with the beat stomping music of Zumba routines. Beginners to advanced Zumba dancers are welcome, modifications can be made to keep students comfortable but remain involved. All abilities will gain health benefits. Weights are available for purchase from the instructor, but not required.





Fitness with Josh

All classes are drop-ins for \$10.00 each (cash only) and held at M/M Community Center (3500 Marias Ave.)

Josh has a B.S. in Kinesiology from Kansas State University. He can be found offering classes five days a week at the M/M Community Center. The beauty of these drop-in classes is no commitment if your schedule gets hectic and no worries about missing the first class then joining late into the session. However, the regular attendees are addicted and attend multiple classes a week!

All ages are welcome and equipment is supplied. In pleasant weather, classes may be held outside so dress accordingly. **Questions?** Email Josh at GPCfitnessstudio@gmail.com.

Monday 30-Minute Morning Warm Up Two sessions for \$10.00!

Start the day with a short 30-minute session to wake up the body. Josh will help you personalize your time by focusing on strength, mobility, cardio and balance, or work on all of them!

Full Body Circuit

A staple class to incorporate most of your major muscle groups in various, challenging ways. A great way to gain exposure to a wide variety of fitness styles. Josh surprises class members with new and interesting things.

Senior Circuit

A group class of loyal followers with a laid-back mentality. Everyone has limitations such as injuries from wear, tear, or mobility issues, but that doesn't mean we can't improve! Use Bosu balls, resistance bands, body weight static moves, and much more.

Friday 60-Minute Morning Warm Up

Round out the work week with 1 hour of purposeful movements. Some mat work, resistance bands and weights with personalized modifications if needed.

Stability & Balance

The focus of this class is conditioning your body to stabilize and move more effectively. Joints in the ankles, hips, and back are points of instability that can be strengthened through challenging movements and static holds.

Total Strength

One hour dedicated to building strength in muscles, tendons, ligaments, and bones in our bodies. Kettle bells, dumbbells, weighted bars, and resistance bands are supplied. Build your musculature to fill out, create shape and add definition.

Mat Work

Excellent opportunity to become grounded using bodyweight strength, balance, flexibility, and mobility. Thick mats are provided.

Cardio & Core

Half of the class is focused on core, flexibility and strength using equipment. The remaining half of the class focuses on learning how to run safely. Running will take place outside if weather permits.

Garden Club

Garden enthusiasts meet new friends, share ideas, attend lectures/workshops and social events! All are welcome. Dues are collected upon regular membership. For more information, visit www.royaloakgardenclubmi.org or email at royaloakgardenclub@gmail.com. Email to ask specific questions.

Garden Club Biannual Perennial Plant Exchange

Saturday, Sept. 21, 9:00 - 11:00 am
M/M Community Center

Bring labeled plants in containers to exchange with others. Plants are free to good homes and enjoy great conversations with other gardeners!

Koffee Klatch

Fridays, 1:00 - 2:30 pm
M/M Senior Community Center
3500 Marais in Royal Oak

A discussion and networking group for LGBTQ+ community ages 45 and over. Meetings are open to any topic presented by those in attendance. Various social outings and potlucks are held throughout the year.

Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
9:30 - 10:00 am 30-Min. Warm-up	9:00 - 10:00 am Full Body Circuit	9:00 - 10:00 am Mat Work	9:00 - 10:00 am Full Body Circuit	9:00 - 10:00 am Hour Warm-up
10:00 - 11:00 am Senior Circuit	10:00 - 11:00 am Senior Circuit	10:00 - 11:00 am Senior Circuit	10:00 - 11:00 am Senior Circuit	10:00 - 11:00 am Senior Circuit
	11:15 am - 12:15 pm Stability & Balance		11:15 am - 12:15 pm Stability & Balance	
5:30 - 6:30 pm Full Body Circuit	5:30 - 6:30 pm Cardio & Core	5:30 - 6:30 pm Full Body Circuit	5:30 - 6:30 pm Cardio & Core	
	6:30 - 7:30 pm Total Strength			

AgeWays
Support Senior Services

Helping Seniors and Their Families

We provide programs and resources that give older adults and family caregivers the extra support they need. Whether it's in-home care programs, Meals on Wheels, help with transportation, help understanding your care options, or support for family caregivers, we are here - for the seniors of southeast Michigan and for you.

Serving Livingston, Monroe, Macomb, Oakland, St. Clair and Washtenaw counties.

800.852.7795
AgeWays.org

The Area Agency on Aging 1-8 is now AgeWays

R.O.S.E.S. - Royal Oak Senior Essential Services

Are you in need of light home chores, minor repair work or temporary personal aid? If so, R.O.S.E.S. is here to assist! R.O.S.E.S. is a program providing a variety of supportive services to Royal Oak residents aged 62 and older and qualify for subsidy. You must live in your own home – alone, with a spouse, or with a disabled adult child. Seniors living with able-bodied adult children do not qualify for the subsidy assistance. However, R.O.S.E.S. will provide those who don't qualify for subsidy with service referrals, if requested.

To determine if you qualify, please submit a copy of either your most recent Home Heating Credit, Michigan Homestead Property Tax Credit, or your Individual Income Tax Return form. If you live in one of the senior high rises, you will need to submit the HUD Tenant Eligibility & Rent Procedures Form. The following subsidy scale will apply:

Income-One	Income-Two	Rate/ Hour
\$0 - \$20,150	\$0 - \$23,000	\$3
\$20,151-\$33,600	\$23,001-\$38,400	\$5
\$33,601-\$53,700	\$38,401-\$61,400	\$7

- Home Chores
- Home Repairs
- Personal Care

This service is sponsored by the City of Royal Oak. For questions and concerns, contact a R.O.S.E.S. specialist Monday-Friday at 248-246-3919.

Adjacent Generational Exchange (A.G.E.)

Sponsored by a grant from Beaumont Hospital, the A.G.E. program provides assistance to the frail elderly of Royal Oak, utilizing the talents of volunteers.

Looking for a Few Good Volunteers!

The M/M Community Center is always looking to introduce new programs. Do you have a few hours of time to spare each month?

Have you recently retired and would like to share your on-the-job experience to help others? Or do you have a skill, a hobby or craft to share? If so, please consider volunteering and enlightening others in our community. Call Carolyn Marsh, Volunteer Coordinator at 248-246-3917.

Alzheimer's Association Caregiver Support Group

1st Mondays, 3:00 pm FREE
 Sept. 9, Oct. 7, Nov. 4, Dec. 2
 Facilitator - Theresa Neu

Alzheimer's Association caregiver support groups, conducted by trained facilitators, are a safe space for caregivers, family, and friends of persons with dementia to build support system with people who understand. It allows participants to exchange practical information on caregiving challenges and possible solutions, talk through issues and ways of coping, share feelings, needs and concerns, as well as learn about community resources. The support group meets each month to encourage caregivers to maintain their own personal, physical, and emotional health, as well as optimally care for the person with dementia.

Aphasia Support Group

Thursdays, 10:00 am - 12 noon
 This group is for adults with communication disorders. Gain support from others on your road to recovery. For more information, call Carolyn Marsh, Volunteer Coordinator at (248) 246-3917.

Low Vision and Blind Support Group

2nd Thursday, 10:00 am FREE
 Sept. 12, Oct. 10, Nov. 14, Dec. 12
 Royal Oak Senior Community Center offers a Low Vision and Blind Support Group, hosted by Henry Ford Health and the Detroit Institute of Ophthalmology.

Through support groups, the Detroit Institute of Ophthalmology seeks to help those who suffer from vision loss by providing a comfortable environment to discuss the successes and challenges of living fully with visual impairment. Attendees will engage in open discussion and will hear from speakers on a variety of topics.

Preregistration is required. Contact Ashley Livshiz, Support Group Coordinator, at 313-936-1969.

Grief Support – Living On

Hosted by Hospice of Michigan
 1st and 3rd Fridays, 10:30 - 11:30 am
 Sept. 6 & 20, Oct. 4 & 18,
 Nov. 1 & 15, Dec. 6 & 20

Living On is a series of ongoing groups where grief and loss topics are addressed as they arise, depending on the interests of those attending the group. The focus of this group is to express feelings and experiences related to the loss in a supportive caring and non-judgmental environment.

Registration required. Contact Cindy Palmer, Grief Counselor, at 248-334-1323 or email cpalmer@hom.org.

Legal Consultations

3rd Wednesday No Fee
 Sept. 18, Oct. 16, Nov. 20, Dec. 18
 By appointment only

Soren Andersen has completed 40 years of law practice. Most of those years have been as a sole practitioner private attorney. His practice included consumer and small business issues, debtors' rights and creditors remedies, real estate transactions, probate administration, and estate planning. Provided free 20-minute consultations to Senior Citizens. Consultations will be in person. A fee will be charged for additional services. Please call ahead to register.

Medicare/Medicaid Assistance Program

MMAP counselors are available for assistance in choosing the right health plan for you. For questions regarding Medicare, Medicare Part D prescription plans and Medicaid, call Carolyn Marsh at (248) 246-3900. In-person assistance by appointment only.

Outreach

Our Outreach Administrator is available to help residents aged 62 and over through the sometimes overwhelming process of obtaining needed services. Please call (248) 246-3900 with your concerns about personal care, housing or other independent living requests. An in-home visit to assess needs is available through this service at no cost.

Tim's Kitchen

The current month's meal calendar will be available in the *Times* Newsletter and online at romi.gov. Menu is subject to change without notice due to availability. All meals are \$5.00 each and payment is due upon placing order either by phone with a credit card OR in person with cash, credit card or check. Ordering DEADLINE is by 11:30am THREE BUSINESS DAYS PRIOR to the date you want to purchase. Closure may affect cut off dates. There is no same-day purchase, punch cards, or walk-ins. DINE IN ORDERS CANNOT BE CHANGED TO CARRY-OUT. Carry-out lunches will be refrigerated in compliance with food safety protocols. There are NO REFUNDS if you are not able to come in to eat or pick up your lunch.

Meals on Wheels

Meals on Wheels are available to home bound residents unable to travel to the Center. Call Western Oakland Meals on Wheels at 248-223-9160 for hot meals delivered daily. The menu for homebound meals differs from the meals served at the Senior Center.

Transportation

This service provided by the City of Royal Oak promotes independence for residents aged 60 or older, and adults with permanent disabilities. Door-to-door service is available to those with mobility problems who need to be personally escorted to the buses. You are limited to six grocery bags and must handle them yourself. **Call 248-246-3914 between the hours of 9:30 am -4 :00 pm** to arrange your transportation needs. Call up to two weeks before your appointment so that we may assure you of a ride. Be ready for your pickup 15 minutes before and after your scheduled time. Drivers cannot always accommodate exact scheduled times. All buses are equipped with lifts. Prepaid tickets are available: \$19 /5 round-trip tickets and \$14 / 5 one-way tickets.

The Royal Oak Transportation service is sponsored by the City of Royal Oak; funded by Beaumont Health, SMART Municipal and Community Credit Funds, and rider donations.

Rentals at M/M Community Center

3500 Marais Ave., Royal Oak, MI 48073

Rentals are available Monday through Saturday only. Building closed on Sundays. A \$200 security deposit and full payment is due upon booking.

The security deposit is refundable if the following conditions are met:

- Premises are left in the same condition as the start of the event. No tape on walls.
- Trash has been taken to the dumpster
- Tiled floors have been swept
- Tables and chairs returned as they were upon arrival
- Coffee service for a fee
- No additional fee for projector – must bring own laptop.

No alcohol or bounce houses are allowed on the premises.

CANCELLATION POLICY: A full refund will be given with 48 hours advanced notice, otherwise it will be forfeited.

If you would like to book a rental or require further information, please call **248-246-3911**.

Room/ Facility	Rental Rate per hour		Maximum Occupancy	Details
	(w/food)	(w/o food)		
Lounge 608 sq ft	N/A	\$25	12	Couches, square tables, chairs, carpeted floor, windows overlooking Arboretum
Game Room 1088 sq ft	N/A	\$25	20	Square tables, chairs, carpeted floor; use of pool tables is NOT INCLUDED
Room 1 400 sq ft	\$35	\$30	20	Rectangular tables, chairs, carpeted floor, dry erase board
Room 2 416 sq ft	\$45	\$40	20	Rectangular tables, chairs, sink coat rack, pull-down, projector screen, carpeted floor
Room 3 638 sq ft	\$45	\$40	40	Rectangular tables, chairs, tiled floor, sink, coat rack, dry erase board
Rooms 4 & 5 4416 sq ft	\$60	\$50	100-150	Oval tables, chairs, tiled floor, 86-inch monitor, 12 ft ceiling, windows overlooking Arboretum
Room 7 280 sq ft	\$30	\$20	12	Square tables, chairs, carpeted floor
Rooms 8 & 9 1040 sq ft	\$55	\$45	40	Rectangular tables, chairs, tiled floor, 75-inch monitor, two sinks
Patio 2275 sq ft	\$35	\$25	N/A	Cement pavement, surrounded by Arboretum
Parking Lot 105 regular spaces 10 accessible spaces	\$75	\$75	N/A	Call for details. Must provide own Liability Insurance

Rooms subject to availability for construction and/or early voting.



Royal Oak

Life Now Playing

Mayor

Michael Fournier

Monica Hunt, Mayor Pro Tem
Rebecca Chezzum

City Commission

Sharlan Douglas
Amanda Herzog

Brandon Kolo
Melanie Macey

Residents Can Help Make Leaf Collection Go Smoothly

The large number of trees in Royal Oak makes leaf collection a major task. To make it happen, the department uses 12 dump trucks, two sweepers and a front-end loader with a clam bucket with crews working long hours to cover the 414 miles of streets twice during the pick up season.

The City has to wait until late October to begin the process to make sure most of the leaves are down. Since the schedule is very tight, we need all the help we can get from our residents.

No Street Parking

Royal Oak will post signs on neighborhood streets, just off major thoroughfares, notifying residents that leaf pickup will be in the neighborhood the following day. The signs ask residents to **park their cars off the streets** because cars at curbside can slow down the trucks and make it impossible to pick up leaves in front of and on either side of the residence where the car is parked.

It's important to be considerate of your neighbors. A parked car left on the street doesn't just affect one house. The trucks have to go around and sometimes they can't pick up the neighbors' leaves. Temporary no-parking signs are available at the DPS office at 1600 N. Campbell (east side of Campbell, south of 12 Mile Rd.), Monday-Friday, 7:30 am - 4:00 pm.

When

Schedules are available at the DPS, on Cable Comcast (channel 17) and WOW (channel 10), and on the city's web page, www.romi.gov. Schedules and updates are also available by calling the DPS during business hours, Monday-Friday, 7:30 am - 4:00 pm, at 248-246-3300 and selecting option 2 then option 1.

Please Help

Just as important as keeping cars off the streets on leaf pickup days is removing sticks, rocks, pieces of wood and other hard objects from leaf piles because they can damage propellers in the leaf vacuums which disables them and causes delays in pick up.

Where They Go

Royal Oak leaves go to the Southeast Oakland County Resource Recovery Authority's (SOCRRA) compost facility in Rochester Hills where they are turned into humus-rich compost. The compost is offered to residents in SOCRRA member communities, including Royal Oak, for use as compost.

Other Ways of Disposal

Leaves or any soft yard waste including woody material up to 2" in diameter may be placed at curbside in 32 gallon cans with a yard waste decal facing the street or brown paper landscape bags. They will be picked up on your regular rubbish day (until the third week of December) – set to curb by 7:00 am. Bags and cans must weigh less than 40 lbs.

Reminders:

- Residents are requested to rake leaves into the edge of the roadway in windrows.
- Do not make the piles larger than 3 feet high and 4 feet wide.
- Please keep all sticks, rocks and other debris out of leaf piles.
- Do not park your car on or near the leaves (Trucks need at least a "house length" after a parked car to get near the curb.)
- It is important not to wait until your scheduled day to rake out your leaves. Do not rake leaves just ahead of the crews and expect them to wait for you.
- If by chance the City does run ahead of schedule, a truck will be by on your scheduled day.
- Residents may call the DPS at 248-246-3300, option 2 then option 1, to get any updates.
- Residents should note that schedules are subject to change due to mechanical breakdowns or other factors beyond the City's control.
- Work with your neighbors to make sure there are no parked cars on the street to get in the way of the trucks.

After Leaf Pickup

Every attempt will be made to make a third pick up, however this is strictly dependent upon the weather. After the third week of December, leaves and yard waste will NOT be picked up either curbside or on your regularly scheduled refuse day. Either hold onto yard waste until the program begins April 7, 2025 or residents will be allowed to take a limited number of bags to SOCRRA between December 23, 2024 and April 4, 2025 for disposal. Please call (248) 288-5150 for more information.

City Clerk's Office

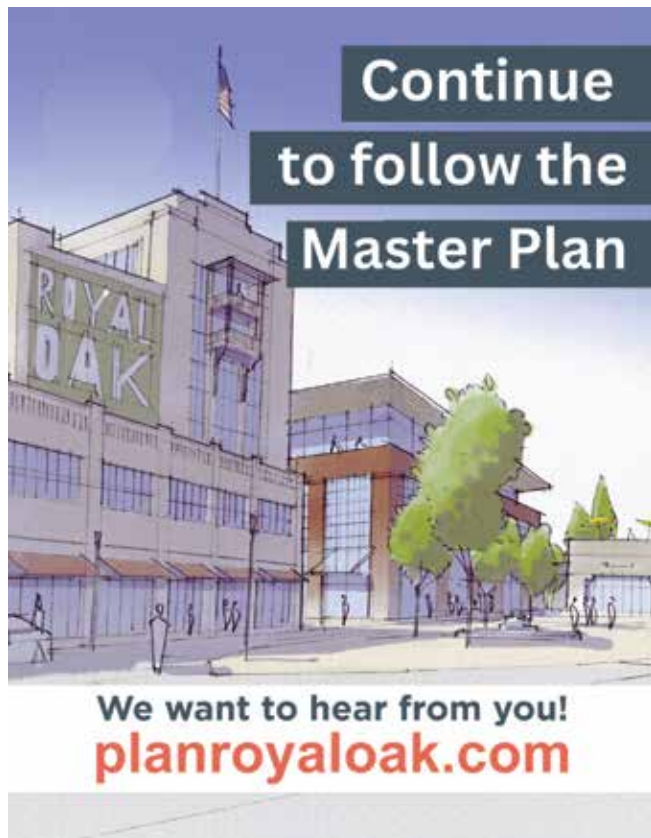
Upcoming Elections

The Presidential Election is going to be held on **Tuesday, November 5, 2024**. Nine days of in-person **early voting will begin on Saturday, October 26** for all Royal Oak voters at the M/M Senior Center located at 3500 Marais, Royal Oak, MI 48073 and also at Waterford Oaks Activity Center, 2800 Watkins Lake Road, Waterford, MI 48328. **This will continue until Sunday, November 3**. Voting hours for this will be **8:30 am - 4:30 pm** with the exception of **Thursday, October 31** in which the voting hours will be from **12:00 noon - 8:00 pm**. Make sure to check for updates our election page at www.romi.gov/163/Elections-Voting.

If you are interested in serving as an election inspector, please send an email to cityclerkvote@romi.gov to have an application emailed or mailed to you. Training is provided to all workers prior to election day and the pay is \$245. **Polls are open from 7:00 am - 8:00 pm**.

Boards and Committees

Are you looking to volunteer and make a difference within our community? How about serving on one of our committees? We are always accepting applications for those interested in serving on boards and committees. Check out our website to see a list of current vacancies and apply on-line at www.romi.gov/308/Commissions-Boards-Committees or visit the city clerk's office for an application.



Summer Tax Deferment

You can delay payment of your summer tax bill without penalty or interest until February 14, 2025, if your total household income in 2023 was under \$40,000 (line 28 of your 2023 Michigan Homestead Property Tax Credit) AND you are classified as one of the following:

- Age 62 or older, including the unremarried surviving spouse of a person who was 62 years or older at the time of death,
- A paraplegic, quadriplegic, blind or totally and permanently disabled person,
- A service person currently serving in the military with household income less than \$7,500,
- A veteran who:
 - Received compensation for service-related disability, or
 - Served in the military during the Vietnam era, Korean War, World War I or II, or earlier wars and has household income of \$7,500 or less
- An unremarried surviving spouse of any serviceperson or veteran who met either of the qualifications above, or whose spouse died while serving in the military

If you qualify for a deferment, please bring a completed Michigan Department of Treasury Form 471 (also available from the Treasurer) AND a copy of your MI 1040-CR (Michigan Homestead Property Tax Credit) to the City Treasurer's Office, so that your deferral can be approved. Deadline to apply is September 15, 2024.

The Treasurer's office sends out deferment applications in subsequent years to anyone who was eligible in the previous year.

Look up your taxes on BS&A:



Look up your payments on InvoiceCloud:



Reporting Streetlight Outages

The City of Royal Oak continues to work with DTE Energy to expedite the repair and maintenance of streetlight outages, please call the City of Royal Oak Department of Public Service at 248-246-3300, Monday - Friday, 7:30 am - 4:00 pm with the following information:

1. The specific streetlight location (i.e. the nearest cross streets, nearby address, etc.).
2. Whether the pole is wooden or metal.
3. The streetlight pole number (if possible).
4. Details about the outage (i.e. light out, light turns on and off, light stays on during the day, etc.)

Please be aware that DTE policy allows a two-week response time once the problem has been reported to DTE. In cases where a pole has been knocked down or if there is any other emergency, please call DTE Energy at 800-477-4747.



Tentative 2024 Fall Curbside Leaf Collection Schedule

Residents should note that schedules are **subject to change** due to weather conditions, mechanical breakdowns or other factors beyond the City's control. If collections are **ahead of schedule**, a truck will be down your street on the scheduled day of pickup. **Please note clear/colored plastic bags are no longer acceptable for yard waste, including leaves. Please use the appropriate container.**

Every attempt will be made to make a third pick up, however this is **strictly dependent upon the weather**. After December 20, 2024 leaves and yard waste will **NOT** be picked up either curbside or on your regularly scheduled refuse day. Either hold onto yard waste until the program begins April 7, 2025 or residents will be allowed to take a limited number of bags to SOCRRA between December 23, 2024 and April 4, 2025 for disposal. Please call (248) 288-5150 for more information.

See back cover for the complete schedule.

Is the water in your home delivered by a lead or galvanized steel service line?



Because ingestion of lead is known to be hazardous to health, the Department of Public Services is committed to finding and removing all lead/galvanized water services connected to the city's water system. In that effort, DPS staff is reviewing its records to determine the material type at each home. Our records, however, only indicate what material was used on the publicly-owned portion of the water line – typically between the property line and the water main. The other section of pipe – often referred to as the 'private

side' of the water service, was installed with the construction of the home and choice of water line materials was that of the contractor and/or homeowner. Our records do not reliably indicate what materials were used on the privately-owned portion. That's where you come in.

If you **know** that the water service pipe coming into your home is made of lead and/or galvanized steel, please tell us about it. And if you'd like to be included in a future replacement project, visit www.romi.gov/gettheleadout to learn about the program and to get on the replacement list.

Lead and/or galvanized service lines will be replaced at no cost to the homeowner.

For more information on reducing exposure to lead from drinking water, visit www.michigan.gov/mileadsafe.



DISCRIMINATION IS RARELY THIS OBVIOUS, BUT IT'S JUST AS REAL. AND JUST AS ILLEGAL.

If the landlord gives you the runaround or says:

"We don't take kids."

"The apartment you asked about on the phone has been rented."

"We only take people who speak English clearly."

"We don't take teenagers."

"The ad was wrong – the rent is really \$50 more."

"I can't assign you a handicap parking space."

THAT COULD BE HOUSING DISCRIMINATION.

The only way to stop housing discrimination is to report it, so we can investigate it.

Visit www.hud.gov/fairhousing or call HUD's Housing Discrimination Hotline

1-800-669-9777 (voice) **1-800-927-9275** (TTY)



The Federal Fair Housing Act prohibits discrimination because of race, color, religion, national origin, sex, family status or disability.





5 Tips to Being a Better Recycler!

Did you know Royal Oak makes up 25% of the recycling brought to the SOCRRA Recycling Facility? Angela Fox, Sustainability Manager for Royal Oak, recently toured the SOCRRA Recycling Facility and wanted to share some pointers on ensuring your recyclable get recycled. Please learn what SOCRRA can and cannot take and only place those items in your bin. Many items not taken curbside can be dropped off at SOCRRA locations with online appointments that can often be made the same day.



1. Lithium-ion batteries CANNOT go in your curbside bin. They are one of the most significant contributors to recycling center fires. They CAN be brought to SOCRRA or other drop-off locations.

2. Cardboard boxes must be broken down and must fit in your bin. Boxes that do not fit in your bin should be cut down or dropped off at a recycling location.

3. Do not put small items (2 inches or less) in your bin. They do not reach the sorting station. Bottle caps, for example, should be kept on bottles. All other small items should be disposed of in the trash.

4. Avoid tanglers. Extension cords, Christmas lights, soft plastic, and anything else that can get wrapped up in machines. These items are removed and landfilled, but can damage equipment and stop production if not seen. Many of these items have drop-off recycling options.



Learn more

Reduce WISH-CYCLING by learning what SOCRRA can and cannot accept through curbside pick-up and drop-off. Their Waste Wizard tool gives options for items they cannot take, if options exist. Use the Waste Wizard tool via the QR Code. Royal Oak will be working on expanding recycling options, drop-off locations and events.



Royal Oak SUSTAINABILITY



Recycling & Trash Compactors at Park Shelters

Please put RECYCLING through blue door:

- Empty juice boxes (discard straws & juice pouches)
- All empty plastic bottles
- Clean paper products (paper decorations, boxes, etc.)
- Empty paper & plastic cups & lids (coffee, pop, etc. ~ discard straws)
- All clean aluminum containers
- Pizza boxes without grease or food (discard liners & white pizza saver)
- Plastic veggie & fruit containers
- Wrapping paper (no foil paper, ribbon, bows, etc.)

Please put TRASH through black door:

- All paper & plastic plates
- Styrofoam containers (or take to SOCRRA)
- All silverware, serving utensils, etc.
- Napkins, paper towels
- All food
- Snack food bags (potato chip, etc.)
- Plastic tablecloths
- Plastic bags (or take for recycling)
- Soiled food containers (aluminum, plastic, trays, etc. If clean, can be recycled)
- All straws
- All non-paper decorations

WHEN IN DOUBT, THROW IT OUT!
(otherwise it contaminates the load and will be discarded)



Royal Oak RECYCLE RIGHT



Take a pause to
recycle right

ACCEPTED

CARDBOARD &
MIXED PAPER



PLASTICS
GUNK FREE



METALS



GLASS



CARTONS



When in Doubt,
throw it out!



NOT ACCEPTED

TANGLERS



SOFT PLASTICS



STYROFOAM



BATTERIES



SMALL ITEMS



COMPOST



Learn how to recycle
just about anything!



Royal Oak
SUSTAINABILITY



Royal Oak COMPOST RIGHT

Take a pause to compost right



Did you know you can bring compostable materials to the Royal Oak Farmers Market on Saturdays from 8 AM until Noon? We will compost your items for FREE. Even better, we can take items you cannot compost at home through traditional methods.

ACCEPTED

FRUITS



VEGETABLES



MEAT & DAIRY



PERSONAL CARE



YARD WASTE



BPI CERTIFIED DINNERWARE



LEFTOVERS



PAPER PRODUCTS



COFFEE & TEA



NOT ACCEPTED

GLASS



PET WASTE



PLASTIC



Learn how to compost just about anything!



Royal Oak SUSTAINABILITY



Royal Oak YARD WASTE RIGHT

YARD WASTE DO'S

YARD WASTE



GARDEN & TREE WASTE



RAW FRUITS & VEGETABLES



50 LBS. MAX PER BAG | GRASS CLIPPINGS | LEAVES | SOD | SPENT FLOWERS
GARDEN WASTE | BRANCHES (2" IN DIAMETER OR SMALLER) | TREE/SHRUB TRIMMIINGS
WOOD CHIPS | PUMPKINS | STRAW | DIRT/SOIL | RAW VEGETABLES | RAW FRUITS

YARD WASTE DONT'S

COOKED FOOD



PAPER PRODUCTS



COFFEE & TEA



PERSONAL CARE



BREADS/GRAINS



PLASTIC BAGS



MEAT & DAIRY



PET WASTE



BPI CERTIFIED DINNERWARE



Royal Oak
SUSTAINABILITY



City of Royal Oak Home Improvement Program

Loans and grants are available through the City's Housing Office to help qualified homeowners repair their homes. The Home Improvement Program is intended to maintain and improve the City's neighborhoods by helping low- and moderate-income homeowners make necessary repairs. Eligible applicants must be the owner and occupant of a single-family home in the City of Royal Oak with a household income within the established guidelines.

INSTALLMENT LOANS/FORGIVABLE LOANS: Regular monthly installment loans up to \$50,000 with 0% interest require applicants to be the owner and occupant of a single-family home with a total household income that does not exceed the following:

Family Size	Max. Income	Family Size	Max. Income
1	\$53,700	4	\$76,700
2	\$61,400	5	\$82,850
3	\$69,050	6	\$89,000

DEFERRED LOANS: Homeowners may be eligible for a deferred loan up to \$50,000. These loans have a interest rate of 3%, interest starts when payment begins. The loan becomes due for a period of time as determined by the Loan Committee. Applicants for deferred loans must have a household income that does not exceed the following:

Family Size	Max. Income	Family Size	Max. Income
1	\$33,600	4	\$47,950
2	\$38,400	5	\$51,800
3	\$43,200	6	\$55,650

Forgivable loans are available for qualified exterior work up to \$15,000, the income qualification is the same as the installment loan.

The City assists determining the work necessary to selecting a contractor. Applicants are not required to put money down or pay fees usually charged by private lenders. Mortgages and Liens are placed on the property.

Home improvements are to correct health and safety violations, provide for structural preservation, energy conservation or handicapped access. The program is also equipped to address lead-based paint hazards. These are some eligible improvements:

ROOF	PLUMBING/SEWER
SIDING	FURNACE/ AIR CONDITIONING
WINDOWS	ELECTRICAL UPDATE
INSULATION	KITCHEN UPDATE
PORCH REPAIR	BATHROOM UPDATE
DRIVEWAY	BASEMENT WATERPROOFING

The City maintains a list of qualified general contractors who are responsible for all of the trades involved in residential construction. The program will provide a loan or grant up to the amount of the lowest, viable bid.

For more information call (248) 246-3292 or visit www.romi.gov



Non-English speaking or hearing impaired and disabled persons wishing to arrange translation or interpretive services may inform the City Clerk's Office. The City Clerk may be reached at (248) 246-3050 or (248) 246-3010 for telecommunications device for the Deaf (TDD).

At Your Service

- Emergency Calls Only Police, Fire & Ambulance**.....911
- General Information**..... 248-246-3000
- Animal Complaint** 248-246-3500
- Animal Shelter** 1515 N. Edgeworth 248-548-3058
- Assessor** 248-246-3110
- Building Inspection** 248-246-3210
- Building Inspection Requests** 248-246-3234
- Building Inspection Fax** 248-246-3006
- Cable TV (WROK)** 203 S. Troy St..... 248-246-3040
 - Questions regarding Comcast 800-934-6489
 - Questions regarding WOW 866-496-9669
- City Attorney** 248-246-3240
- City Clerk** 248-246-3050
- City Manager** 248-246-3200
- Code Enforcement** 248-246-3210
 - Code Enforcement 24-hour Hotline 248-246-3238
- 44th District Court** 248-246-3600
 - Probation, 400 E. 11 Mile 248-246-3670
- Engineering** 248-246-3260
- Farmers Market** 316 E. 11 Mile..... 248-246-3276
- Finance** 248-246-3030
- Fire Department** 215 E. Sixth St.
 - Emergency 911
 - Non-Emergency..... 248-246-3800
 - Fire Prevention Bureau 248-246-3810
- Housing Assistance - Rehabilitation Loans**..... 248-246-3130
- Human Resources** 248-246-3070
- Ice Arena** 1403 Lexington Blvd..... 248-246-3950
- Information Systems** 248-246-3080
- Landlord Licensing Program** 248-246-3210
- Library** 222 E. 11 Mile Rd. 248-246-3700
- Mahany-Meininger Sr./Community Center** 3500 Marais..... 248-246-3900
- Mayor**..... 248-246-3200
- Orson Starr House** 3123 N. Main St..... 248-588-0170
- Parks & Forestry** 248-246-3300
- Planning & Zoning** 248-246-3280
- Police Department** 450 E. 11 Mile Rd.
 - Emergency 911
 - Non-Emergency..... 248-246-3500
 - Community Policing..... 248-246-3524
 - Detective Division 248-246-3515
 - Record Division 248-246-3530
 - Snow Emergency Announcement 248-246-3442
- Public Service Department** 1600 N. Campbell
 - Highway Maintenance 248-246-3300
 - Parks & Forestry..... 248-246-3300
 - Recycling & Refuse Collection 248-246-3300
 - Sewer Maintenance 248-246-3300
 - Water Maintenance 248-246-3300
 - Emergencies between 4:00 pm - 7:30 am & weekends 248-246-3500
- Purchasing** 248-246-3030
- Recreation** 1600 N. Campbell..... 248-246-3180
- Royal Oak Golf Course** 3417 Don Soper Dr. 248-554-0019
- Salter Community Center** 1545 E. Lincoln..... 248-246-3180
- Senior Citizen Programs** 3500 Marais 248-246-3900
- Street Lighting Outage - DTE Energy** 800-477-4747
- TDD (Hearing Impaired)**..... 248-246-3010
- Treasurer**..... 248-246-3140
- Voter Registration** 248-246-3050
- Water Bills** 248-246-3160
- Youth Assistance** 1601 N. Campbell..... 248-546-8282
- Website**..... www.romi.gov



Memorial Trees

Want a great way to honor someone you care about? Consider purchasing a Memorial Tree! Memorial Trees are planted in a city park of your choosing, but the precise location within the park is determined by a city arborist. There are several species of trees to choose from. Tree availability is limited, and the species offered differ every year to ensure trees planted within our parks remain diverse. The price of a memorial tree plus planting labor will cost \$389. You may order a tree now at romi.gov/TreeMem. Planting will not occur until mid-October 2024. You may also coordinate with DPS staff to separately purchase a plaque to be installed in front of the memorial tree. If you have any questions, please call the Department of Public Service at (248) 246-3300.

FREE Street Tree

Royal Oak residents have the opportunity to help expand the tree canopy by requesting that a tree is planted in the easement in front of their home! A diverse selection of trees will be available for planting this Fall but act fast as quantities are limited! The form may be filled out online at romi.gov/trees. After submitting your tree request, a City Arborist will review the planting site to ensure there is sufficient space before planting.

Questions? Contact us at: (248) 246-3300 or DPS@romi.gov



Scan code for general tree planting information.

Refuse and Recycling Directory

Department of Public Services (DPS)..... 248-246-3300
(Calls regarding garbage and recycling pickups)

SOCRRA MRF/Drop-off Center 995 Coolidge..... 248-288-5150
Drop-off accepts: All acceptable curbside recyclables; unflattened, unbundled cardboard; automotive and household batteries; paperback and hardcover books; all paper (except carbon); used clothing; screw-off lids/caps; styrofoam (no peanuts).

Please visit www.socrra.org/recycling-drop-off for accepted drop-off recyclables.

Household Hazardous Waste Disposal & Electronic Recycling

Drop-off at 995 Coolidge: Monday-Friday, 8:00 am -3:00 pm; Saturday, check website for limited hours.

BY APPOINTMENT ONLY. Visit socrra.org for more information.

Hazardous Waste – To dispose of: automotive products, lawn/garden products, cleaning products, fluorescent light bulbs, insulin syringes (in rigid container), oil-based paint, propane tanks, etc. NOTE: Containers will NOT be returned. NOT ACCEPTED: unlabeled containers with unknown contents, radioactive, explosives or hazardous waste from businesses.

Used Electronics – To recycle computer monitors, CPUs, printers, TVs (no wooden cabinets), radios, phones, cell phones, copy & fax machines, stereos, VCR/CD/DVD players, video game systems, etc. **Residents must remove sensitive or personal information from ALL devices.**

Recyclables – All plastic as long as it is a container; all glass bottles, jars; metal cans/pie tins/empty aerosol cans; newspaper; magazines, catalogs, paper, mail, paperback books, food/beverage/drink/juice boxes, paper cups; phone books; (flattened) corrugated cardboard; paperboard. Place everything loose in recycling bin/toter and set at curb on refuse day before 7:00 am. Material cannot stick out of the toter/bin.

No styrofoam or batteries at curb. These items must be dropped off at SOCRRA by appointment.

Regular Refuse – Put household materials in the blue 64 gallon city issued trash can. You may continue to use 20 to 32 gallon containers (max. size) or in 20 to 30 gallon plastic bags. Put all trash at curb by 7:00 am. Non-city issued cans and bags cannot weigh over 40 lbs. Containers under 20 gallons will be considered expendable and may be thrown out with the trash. **Yard waste cannot be mixed with trash at any time due to state law.**

Yard Waste – Picked up curbside from April 1 through third week of December: Separate non-woody material as well as woody yard waste (up to 2" in diameter) from regular refuse and put at curb by 7:00 am in a 32-gallon container with a yard waste decal (decal must face street) or in a paper landscape bag. Containers/bags cannot weigh more than 50 lbs. **Yard waste cannot be mixed with trash at any time.** Plastic bags are not acceptable. Not picked up as either yard waste or trash after third week of December to March 31. Either hold on to until program begins April 1 or call SOCRRA for disposal (248-288-5150).

Leaf Vacuum Program begins at end-October. Rake leaves into street according to city schedule or put into acceptable containers and set at curb by 7:00 am of refuse day until third week of December. For pick-up schedule, check *Insight*, WROK Cable (Channel 17 or 10) or the city's website at www.romi.gov.

Brush, Tree Trimmings & Shrubs – Tie woody material between 2"-5" in diameter in bundles up to 4' long and 15" in diameter, weighing no more than 40 lbs. each (under 2" SEE YARD WASTE). Set at curb with trash by 7:00 am of refuse day OR contact a private tree company (the city's recommended chipping contractor is JH Hart, 586-795-5581).

Broken Glass – Wrap in heavy paper or place in cardboard box or metal can with lid and mark as broken glass. Put with regular refuse NOT in recycling bin/toter.

Appliances (refrigerator, stove, hot water tank, etc.) – Set at curb on refuse day by 7:00 am. In apartment, cul de sac or dead end street, call DPS the day before your pickup at 248-246-3300. Remove doors on refrigerators and freezers and place to side (state law).

Carpeting & Padding – Roll and securely tie no longer than 4' in length and weighing no more than 40 lbs. per bundle. Set at curb with trash by 7:00 am on refuse day.

Latex Paint – Remove lid and allow to harden or add kitty litter or sand to absorb liquid; set at curb on refuse day with lid removed for pickup with trash. Or chip out dried paint, rinse can and put in recycling with lid removed. Oil-based paint is hazardous, please take to SOCRRA for disposal. Refer to Hazardous Waste for hours.

Excluded Curbside Items – The following items are **NOT** acceptable for curbside collection: Liquids, radioactive items, flammable products, explosives, infectious materials, asbestos insulation, tires, hazardous waste, engines, transmissions, rear axles, construction items, loose items such as bricks or concrete (even if it's attached to something). These materials must be disposed of privately. See www.socrra.org or call 248-288-5150 for locations, hours, rates and procedures. Limited amounts of construction items from home occupant's personal repair or remodeling are acceptable. However, items cannot be longer than 4' in length, must be bundled and weigh less than 40 lbs. per bundle.

Holiday Refuse Collection – When one of the following holidays (official not observed) falls on a weekday, collection for the remaining days of the week will be delayed one day: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving, Christmas Day. Refuse collection is not affected for any other holidays or when the above holidays fall on a weekend.



Dispose of Hazardous Materials Year-Round

Is your basement or garage filled with unwanted chemicals, paints and other hazardous materials? According to the Environmental Protection Agency, the average home can accumulate as much as 100 pounds of HHW (Household Hazardous Waste) in the basement, garage and storage closets!

Drop Off Hours:

Monday - Friday: 8:00 am - 3:00 pm

Saturday: Check socrra.org for limited Saturday hours

APPOINTMENT REQUIRED.

What is Household Hazardous Waste?

Many common household products can pose a hazard to human health, groundwater and the environment if they are not handled properly for disposal. Placing items such as paint, automotive products, car batteries, pesticides and more in our trash is NOT the most environmentally sound way to get rid of them.

HOUSEHOLD HAZARDOUS WASTE: Items collected through the program include toner and ink jet cartridges, paints, solvents, garden chemicals, household cleaners, insulin syringes (in rigid containers), medications (in unmarked ziptop baggies), most automotive products, large amounts of cooking oil, rechargeable batteries and compact fluorescent light bulbs. Please note: containers should be clearly marked and will NOT be returned. SOCRRA may refuse if containers are unlabeled, radioactive, explosive or from a business. For a complete list, please visit www.socrra.org – **APPOINTMENT REQUIRED.**

ELECTRONIC EQUIPMENT is also collected through this program. SOCRRA accepts computer monitors, CPUs, printers, TVs (no wooden TV cabinets) radios, telephones, cell phones, copy machines, fax machines, stereos, VCR/DVD/CD players. For a complete list please visit www.socrra.org.

Please note: residents must remove sensitive or personal information from ALL devices.

APPOINTMENT REQUIRED.



As a member of SOCRRA, the regional recycling authority, Royal Oak residents may take advantage of these programs offered daily, year-round. The collection site is located at 995 Coolidge (about ¼ mile north of 14 Mile, across from the Meijer gas station). This program offers residents a convenient and effective means of disposing of those materials that should not be placed in the trash.



“Do You Want to Save Hundreds of Dollars?!”



How many times have you heard that from a salesperson? But in the case of your home or business property, being a good consumer can potentially save you hundreds – even thousands – of dollars. You begin by regularly monitoring the water your home or business uses so that you can prevent a large water bill before it happens.

The DPS staff reads your meter about once every three months – and A LOT can happen in 90 days! Water can inadvertently be left on with a garden hose, a kitchen faucet can leak, and toilet fixtures can accumulate sediment over time and not seal properly, allowing water to seep into the bowl and escape out through the sewage system. The water leaching from tank to bowl is often so slow that the movement of the water is not discernable.

In almost every case we encounter with a large “surprise” bill – where the owner was unaware that excessive amounts of water were passing through their meter – the water use could have been reduced if the owner regularly monitored their own use by recording weekly or semi-weekly reads to determine their “normal” household or business use. A problem addressed quickly can potentially save you hundreds in wasted water use!

Your meter furnishes you with an excellent checking device. To make a leak test, turn off all faucets and other water outlets, and keep watch on the hand of the one-cubic-foot or a flashlight on the meter face for ten or so minutes. If the hand continues to move or there is water use recorded on the meter face, you will know there is a leak. You can measure the size of the leak by timing the hand or taking a timed beginning and ending reading from the meter to see how long it takes to waste a given quantity. If a hidden leak is indicated, **call your plumber immediately.** You will save money by having the wasted water stopped at once. If the leak is wasting a considerable quantity, you may want to consider shutting off the water at the meter while you are waiting for repairs.



1/32” leak wastes 25 gallons in 24 hours



If you need help identifying or reading your water meter, please look online for instructions at: romi.gov/DocumentCenter/View/28204/How-to-Read-your-Water-Meter?bidld=

You can also email us at watermail@romi.gov or call the Treasurer’s office Utility Billing staff at 248-246-3160 and we can walk you through the process.



Help Protect Our Environment: Keep Drains Clear of Fat, Oil & Grease (FOG) and Flushable Wipes (FW)

Fat, oil and grease (FOG) and Flushable Wipes (FW) in sewer pipes can create severe pollution and sewer problems in our City. FOG & FW enters sewer pipes through restaurant, residential and commercial drains. Once in the sewer, FOG sticks to the pipes and thickens which can build up and eventually block the entire pipe. FW can easily get stuck on FOG and other items within the sewer pipe compounding the problem. Blockages can send sewage backward – out of manholes into streets, rivers or into homes.

Impact of FOG & FW

Preventing sewer backups from FOG & FW blockages saves residents money and protects the environment. When sewer pipes on private property back up, the homeowner is responsible for the cleanup. If you regularly pour grease or FW down the drain, it will form a blockage in the sewer pipe which then backs up through floor drains, toilets and/or at the lowest point in the house. A plumber will have to be hired to clean the sewer and possibly repair plumbing inside the home.

Sources of FOG

Fat, oil and grease are by-products of cooking found in: food scraps, meat fats, lard, cooking oil, butter, margarine or shortening, etc.

“Flushable” Products

Wet wipes, which are used for everything from wiping babies’ bottoms to removing makeup to quick house cleaning are labeled “flushable.” The problem is they’re really not ~ at least not the way toilet paper is. They may be flushable, but they are not biodegradable (like toilet paper) and are clogging sewer systems across the state and country. The phenomenon, which local officials call ragging, is causing major clogging problems. All it takes is one wipe to catch on a tree root or any other debris in the sewer system and then wipes or other items pile on each other causing a blockage. If residents think “out of sight, out of mind, it’s not my problem” they are mistaken. If a main sewer line gets dammed by a pile of wipes, then eventually it will back up into private sewer lines which will cause a back-up in people’s homes.

Unfortunately, the most frequently found items in sewer systems are paper towels/napkins, baby wipes, feminine hygiene products and household wipes which don’t deteriorate like toilet paper does. The only items that should be flushed is toilet paper and human waste; please throw everything else in the garbage.

Keep Drains Clear by Following These Tips

1. Pour or scrape greasy or oily food waste into a container or jar.
2. Allow grease to cool/freeze in a container before throwing in the trash.
3. Mix liquid vegetable oil with an absorbent material such as cat litter or coffee grounds in a sealable container before throwing in the trash.
4. Keep drains clean by pouring ½ cup baking soda down the drain followed by ½ cup vinegar. Wait 10 – 15 minutes and then rinse with hot water.
5. Do not put any flushable products down the drain, please throw in the trash.

Drinking Water: We Need Your Help

The City of Royal Oak, along with state and federal agencies, has taken extra precautions to protect our water systems. But we need help from residents and business owners to keep our drinking water system safe.

If anyone observes someone tampering with and/or opening a fire hydrant, manhole lid, etc., who does not appear to be a City employee, please call the Department of Public Service immediately at (248) 246-3300, if the incident occurs between 7:30 am and 4:00 pm, Monday through Friday, and the Royal Oak Police Department at (248) 246-3500 any time thereafter.

Our goal is to continue to provide pure and wholesome water to our community. We know that we can do that with your help.

What to Do About Sewer Problems

Residents who experience sewer problems should call the Department of Public Service immediately at (248) 246-3300 during regular working hours (7:30 am - 4:00 pm) Monday - Friday or the Police Department at (248) 246-3500 any other time. A Sewer Department representative will respond to your emergency. If the problem exists in the main sewer line, a City crew will clear the line. If the problem is in the property owner’s sewer line, it is the homeowner’s responsibility to call either a plumber or a sewer cleaning company. For full details on water and sewer emergency procedures, consult the City’s website at www.romi.gov.

Residential Cross Connection Control Program

The City of Royal Oak is required under Public Act 399, Part 14, to maintain a cross connection control program to identify and eliminate any possible connections that could contaminate the public water system.

To fully comply with this state mandate, the city has contracted with HydroCorp of Troy, MI to assist with facilitating a Cross Connection Control Program.

Inspectors from HydroCorp will be in Royal Oak neighborhoods reviewing exteriors of homes for connections that could possibly contaminate the water distribution system. A typical site visit lasts approximately five minutes and the inspector will be looking at exterior garden hose connections, lawn sprinkler systems, and any other water sources.

There are no fees for the inspection; however, in circumstances where cross connections exist, any costs associated with the replacement, modification, installation and/or testing of backflow prevention assemblies remain the obligation of the homeowner.

The city’s website has answers to frequently asked questions regarding the Cross Connection Control Program at www.romi.gov/cccp. Informational brochures may also be picked up at the Royal Oak Public Library and at City Hall.

Additionally, residents may call HydroCorp directly at 1-800-690-6651 or email residential@hydrocorpinc.com. You can visit HydroCorp’s website at www.hydrocorpinc.com/resources/faq.



FARMERS MARKET

Locally grown produce and plants are in abundance at the Royal Oak Farmers Market. Every Saturday more than 40 Michigan farmers set up their booths offering everything from apples to zucchini. Most are picked within 24 hours of purchase. In addition to produce, there are several vendors selling antibiotic- and hormone-free meats, free range eggs and chicken, cheeses, freshly made salsa, baked goods, and much more. **For more information, please call (248) 246-3276.**

Open All Year!

Farmers & Specialty Food Vendors are at the market

- Farm Fresh Fridays, 7:00 am - 1:00 pm, May - Thanksgiving
Stop by the limited farmers market to pick up starter plants and herbs for your garden, farm fresh produce, baked goods, specialty foods and more.
- Saturdays, 7:00 am - 1:00 pm, All year

Antique & Collectible Vendors are at the market

- Sundays, 8:00 am - 3:00 pm, All year

Calendar of Events at the Market:

August

- 14 Wed Food Truck Rally and Sights & Sounds Concert Series**
- 23 Fri Chutney Festival (4:00 - 11:00 pm)

September

- 1 Sun Antique & Collectibles CLOSED
- 8 Sun Taste of Generosity, National Multiple Sclerosis Society Fundraiser (6:30 - 8:30 pm)
- 11 Wed Food Truck Rally & Community Wellness Center (4:00 - 8:00 pm)**
- 22 Sun Bike Swap (8:00 am - 3:00 pm)

October

- 9 Wed Food Truck Rally (4:00 - 8:00 pm; last of season)**
- 22 Tues Senior Health Fair (4:00 - 8:00 pm)
- 23 Wed Psychic & Holistic Fair (3:00 - 9:00 pm)
- 26 Sat Bourbon and Brews (6:00 - 10:00 pm)

November

- 9 Sat Vodka Fest (6:00 - 10:00 pm)
- 21 Thurs Royal Oak Art Fair (11:00 am-9:00 pm)
- 22 Fri Royal Oak Art Fair (11:00 am-9:00 pm)

December

- 5 Thurs Holiday Magic Marketplace, Community Tree-Lighting & Visit with Santa (4:00 - 9:00 pm)**
- 7 Sat Wine & Whiskey (4:00 - 10:00 pm)
- 21 Sat Mitten Vintage (5:00 - 10:00 pm)

Like us on Facebook!



Royal Oak ENVIRONMENTAL ADVISORY BOARD

The Environmental Advisory Board makes recommendations to the city commission on all issues concerning city efforts related to energy waste reduction, air quality, water, waste, resilience, and/or other sustainability issues that improve quality of life and protect the environment.

The board meets on the fourth Wednesday of Sept., Oct., Nov., Jan., Feb., March, April, and May at 7:00 p.m. at the Mahany / Meininger Senior Center. Questions? **Email: roeab@romi.gov**

Royal Oak Environmental Advisory Board

@roenvironmental

roenvironmentalboard



Solarize Royal Oak brings friends and neighbors together to learn about solar and participate in group buy-ins to save money! Visit **Solarize Royal Oak** (on Facebook) or email **roeab@romi.gov** for more details.



Check out the City's Sustainability Efforts Here:
www.romi.gov/sustainability



Royal Oak PUBLIC LIBRARY

So Many Events... So Little Time!

Looking for something to do? Look no further than the Royal Oak Public Library! From workshops to story times, book clubs to lectures, the library has something of interest for you. Events are being added all of the time. Visit our calendar at royalok.libriycalendar.com to discover what we offer.

September is Library Card Sign-Up Month!

If you don't have a library card, it is time to stop in and get one today!

Seriously... why not?



We will be open Sundays, 1:00 - 5:00 pm beginning September 8!

Upcoming Closures

August 31 - September 2 – Labor Day Weekend

November 29 - December 1 – Thanksgiving Weekend

New and Updated Newspaper and Magazine Offerings

PressReader:

Thousands of Newspapers and Magazines. One App.

Get unlimited access to more than 7,000 of the world's top newspapers and magazines as soon as they're available on shelves with your Royal Oak Public Library Card. With publications written in more than 50 languages, you are sure to find something to suit your interests. Unlimited access means you can read as many publications as you want, and the downloads are yours to keep forever.

Categories include newspapers, arts, health and fitness, fashion, history, science and more.

Popular titles include:

The Guardian
Newsweek
Daily Mail
Der Tagesspiegel
Libération
China Daily
La Razon



pressreader™

It is important to get the facts and to read from different perspectives. PressReader provides the opportunity for anyone in Royal Oak to get the information they need from a reliable source. Access PressReader via the app or online at PressReader.com. When you sign up, use the "Libraries & Groups" option. Be sure to have your Royal Oak Public Library card & PIN available (normally the last 4 digits of your phone number).

Oakland Press, Royal Oak Tribune & the Macomb Daily

When you are seeking local news sources, look no further than the Royal Oak Public Library! We provide online digital access to the Oakland Press, the Royal Oak Tribune and the Macomb Daily through NewsBank.

Both PressReader and NewsBank are available on our website. Visit www.romi.gov/1852/Newspapers-Magazines for more information..



Royal Oak PUBLIC LIBRARY

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City Of Royal Oak
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Royal Oak, MI 48068-0064



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2024 Fall Curbside Leaf Collection Schedule

Week 1

11/04/24 Normandy to N. City Limits -Greenfield to Crooks
11/05/24 Webster to Normandy – Greenfield to Woodward
11/06/24 13 Mile to Normandy - Woodward to Main
11/07/24 13 Mile to N. City Limits - Main to Campbell
11/08/24 12 Mile to 13 Mile - Main to Campbell

Week 2

11/11/24 12 Mile to 13 Mile – Crooks to Main
11/12/24 12 Mile to 13 Mile - Woodward to Crooks
11/13/24 11 Mile to 12 Mile - Woodward to Main
11/14/24 11 Mile to 12 Mile - Main to Campbell
11/15/24 10 Mile to 12 Mile – Campbell to E. City Limits
11/16/24 Lincoln to 11 Mile – Woodward to Campbell (**Saturday**)

Week 3

11/18/24 10 Mile to Lincoln – W. City Limits to Campbell
11/19/24 13 Mile to 14 Mile – Greenfield to Woodward
11/20/24 13 Mile to 14 Mile - Woodward to Coolidge
11/21/24 Normandy to N. City Limits – Coolidge to Crooks
11/22/24 13 Mile to Normandy – Coolidge to Main

Week 4

11/25/24 12 Mile to Woodside - Main to Rochester
11/26/24 13 Mile to 14 Mile – Rochester to Campbell
11/27/24 12 Mile to 13 Mile – Rochester to Campbell
11/23/23 HAPPY THANKSGIVING - No collection
11/29/24 12 Mile to 13 Mile – Crooks to Main

Week 5

12/02/24 Webster to 13 Mile - Greenfield to Crooks
12/03/24 12 Mile to Webster - Woodward to Crooks
12/04/24 Catalpa to 12 Mile – Woodward to Main
12/05/24 11 Mile to Gardenia – Campbell to Stephenson **and**
Gardenia to 12 Mile – Main to Stephenson
12/06/24 11 Mile to Gardenia – Main to Campbell

Week 6

12/09/24 11 Mile to Catalpa – Woodward to Main
12/10/24 10 Mile to 11 Mile – W. City Limit to Main
12/11/24 Lincoln to 11 Mile – Main to Campbell
12/12/24 10 Mile to 11 Mile - Campbell to E. City Limits
12/13/24 10 Mile to Lincoln - Main to Campbell

See page 32 for more details.

